

HE FAMILY MATTERS NEWSLETTER

ISSUE # 43

OUR EDITOR

CONTACT

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Anna Maria of Aurora

Pat Williams, LPN, Clinical Manager, is a Northeast Ohio Top Nurse

Another outstanding moment here at the Campus of Anna Maria of Aurora.... out of 169 nominees vying for one of ten Northeast Ohio Top Nurse Awards (sponsored by the Cleveland Plain Dealer and Cleveland.com), our own Pat Williams, LPN (clinical manager for our assisted and independent living) was a finalist. The ten "Top Nurses" were recognized last week at the Music Box Supper Club in downtown Cleveland. We are beyond proud of Pat and the work she does here at Anna Maria. She is so deserving of this very special award! Congratulations! See page 13 for additional pictures of Pat's special day!





Fundraising for Alzheimer's Association Tops \$25,000



We are excited, proud, thrilled, adrenalized, and exhilarated! Our fundraising accomplishments this past year for the Alzheimer's Association exceeded our expectations and then some. Please turn to page 8 for pictures of our check presentation.

Aaron Baker (Anna Maria Administrator, Right) presents the check to a very excited Lindsay Walker (left) and Kaitlyn Kelly (middle)

VISIT OUR SITE

Campus of Anna Maria of Aurora LIVE on New Day Cleveland! See our website – annamariaofaurora.com – for a link to view video of our **LIVE**

RITA FULLER







"The blind date turned into many dates and finally, marriage!"

Rita was born on February 15, 1930, in the lovely small town of Massillon, Ohio, to parents Evaughn and Hector. She was an only child who was doted on by her loving parents. Sadly, her mother passed away when Rita was only 18 months old. Rita attended Mt. Marie Academy, a Catholic high school, and enrolled at Kent State University after graduation. After a couple of semesters, she discovered an inner passion for helping people and decided to enroll in nursing school at Massillon Hospital. A few years later, Rita proudly graduated as a registered nurse (RN). She worked as a surgical nurse at Mt. Sinai and Hillcrest Hospitals, retiring at age 75. Wow! Rita truly loved her job as a nurse. Rita met her future husband. Dan, on a blind date. Her college roommate was dating Dan's cousin, and the roommate thought Dan would be perfect for Rita. And she was absolutely right. The blind date turned into many dates

and finally, marriage! After a lovely honeymoon to Put-in-Bay, the happy couple settled in Cleveland. The family of two turned into an eventual family of seven, as they were blessed with five children: Craig, Vickie, Connie, Dannie, and Keith. The family enjoyed camping along with their black Lab, Trapper. Many fond memories were made during these special camping trips.

In her spare time, Rita enjoyed sewing wedding and prom dresses for family and friends. She was truly a gifted seamstress.

Rita moved to Kensington at Anna Maria in October of 2021. She receives frequents visits from her children and 12 grandchildren. She is a much-loved lady and we are so happy to have her residing at Kensington. May she be blessed with health and happiness.



EMPLOYEES OF THE MONTH



OCTOBER

Tammy Sikora

STNA



Anna Maria

Title: STNA

Years of Service: Just over one year

Family: Brother is a Sergeant and Fiance a Deputy Sheriff with Portage County; five adult children and a

12 year old daughter

Favorite Restaurant and Food: Loves Mexican, especially a good Chimichanga. Enjoys the food at

Longhorn Steakhouse

Hobby: Dancing and Ballet

Music: Enjoys all genres of music **Vacation Spot:** Destin, Florida

Pets: A 2-year old Rottweiler named Zeus **Fun Fact:** Loves LOVES Cedar Point

Why Anna Maria?: Good work environment:

administration "has your back"

Justina Lampica

STNA



Kensington

Title: STNA

Years of Service: 3 months

Family: Lives in Chardon with mom and dad, sister and brother. Huge extended family here and in

Slovakia

Favorite Restaurant/Food – Sol in Willoughby (featuring Latin American and Spanish entrees) – any

classic family Slovenian recipes

Hobby: Hiking and traveling (Europe)

Music: Soul and Reggae

Fun Fact: Finishing up her social worker degree at

the University of Akron

Why Kensington: enjoys working with the elderly and making their lives "happier" – Great working

environment





A LOOK AT WHAT IS GOING ON...

Lunch at Yours Truly

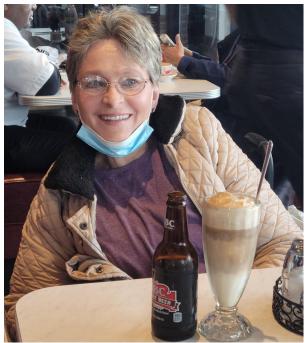
Anna Maria residents enjoyed a delicious lunch at the Yours Truly in Solon. Great food and even better conversation. The milkshakes are quite the bomb!



Chuck Barber is enjoying his delicious breakfast



(left) Bob Ehlert and (right) Thomas Laps eye that milkshake



Debbie McGinnis - wow, what a smile!



Group picture – happy, happy, happy!

Knock, Knock...

Who's there? Iva.... Iva Who? Iva bunch of leaves that need raking! LOLKensington residents crafted fall door hangers using beautifully-colored artificial flowers and leaves. Wouldn't you say they turned out quite nice?





A Singer Must be Able to Sing Any Kind of Song (author S. Janaki)

And Matt Moore certainly can! Not only is a Matt an excellent entertainer, he's also the father of Anna Maria employee Katie Moore, STNA, Medical Records. We really enjoy when Matt is "on the schedule" for our weekly entertainment. Thanks for putting a smile on many a face, and "pep" in one's step!



If Only I Could Live in an Aquarium...

And realize how beautiful silence is.... Residents crafted THE most adorable mini fish aquarium. They proved to be so popular that additional were made for staff members to enjoy. What a cute craft. Though the fish is not real, research has proven that gazing at an aquarium can reduce stress levels, lower blood pressure and heart rate, decrease pain and anxiety, and can "calm" the body and mind before sleep.



Genee Hawkins with her caretaker, Aaliyah Lee



Debbie McGinnis (L) with nurse aide Sharon Rine



Laurel C. is so proud of her mini aquarium



Edwin Oday named his fish Philip and Fredrick



Busy at work



Dolores Hess named her fish Jerry



Debbie McG. With administrator Aaron Baker



Cathy Ferris hard at work



Chuck Barber has a very colorful fish tank!

Life is a Puzzle and We are the Pieces...

Kensington residents used puzzle pieces to create a picture of a beautiful fall tree. Such a creative group! Who is looking forward to cooler days and crisp nights, and of course the gorgeous foliage on our trees? Such a wonderful time of year.



Danna N. just needs one small drop of glue



Margaret H.- which one should I choose?



Happy Birthday!

Anna Maria North resident Richard Pence celebrated a birthday last month. Is it obvious that his favorite color is blue? Sure looks good on him!



Betty C. - do you like? YES, we do!



Outstanding Fundraising Efforts

Several weeks ago, we presented a check for \$25,619.42 to the Alzheimer's Association: Greater East Ohio Chapter, with the majority of these funds raised from our Classic Car Show in August. So many thanks to so many people, especially our employees who are always willing to support our fundraising efforts! This is the largest amount we've raised to date. We may have our work cut out for us in 2024, but we are confident we can exceed this amount.





Congratulations

Congratulations to Kensington employees Tiffany Bland (HR Coordinator), Marcel Hale (Dietary), and Michelle Perez (RN) on celebrating 5, 5 and 10 years of service, respectively. We are proud and grateful that so many of our employees find longevity here on our campus. Thank you for your dedication to our residents and staff!



Marcel (center) with Chae Bivins (left) and Aaron Baker



Tiffany Bland's beautiful cake



Tiffany (center) with administrators Aaron Baker (left) and Chris Norton



Michelle Perez – can that smile be any more beautiful?



Gorgeous roses



Michelle with "boss lady" DON Diane Staton





A LOOK AT WHAT IS GOING ON...

Beach Volleyball

We joined forces with our friends at the Atrium along with several new friends from the Aurora Senior Center for a friendly (yet competitive) game of beach chair volleyball! Not sure who won, but really didn't matter.





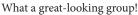




One Last Summer Concert

Independent living residents enjoyed one last summer concert at the Veterans Memorial Park Gazebo featuring indie-rock band Wishgarden.







Wishgarden played in the gazebo

All You Need is....

A little bit of loving from Bowie, our in-house therapy dog. Sy Bartlett can't get enough of these sweet Bowie kisses!



Wow, What a Picture!

Not only is Jen Abercrombie a wonderful nurse (LPN, weekends, in our assisted and independent living area), she's also a very talented wildlife photographer. She shared this amazing picture of a green heron catching a fish (Cuyahoga Valley National Park).



The Drake

The family of Dorothy Stefanov, who was a resident here several years ago, donated a most magnificent painting titled, The Drake, by Russian artist Viktor Shvaiko, known for his beautiful urban, café scene paintings. This beauty can be found in the Wellness Center; come check it out if you have a chance. The painting appears to be a café on a canal in an old French town.



I Wear My Sunglasses...

Bowie our in-house therapy dog looks way too cool with these shades. Sadly, sunglasses will be taking a backseat with the onset of fall.



Soup and Salad

Every 3rd Tuesday of the month, employees enjoy lunch for only \$5.00, with all proceeds benefitting the Alzheimer's Association. Last month featured a most delicious soup and salad bar. Many thanks to our new Dining Director Jim Hayden for preparing such a tasteful lunch for us to enjoy. Best of all, we raised \$270.00 for the Alzheimer's Association. The lunch for this month is Chili! Actually, a chili cook-off featuring chilies prepared by our employees. Prizes for 1st, 2nd, and 3rd place and of course bragging rights!



Nicole Cubbison (left) and Betty Eden prepare to serve



Wow, what a turnout!



Amazing spread of delicious salad toppings

Bowlers Always Have Time to Spare

We always look forward to a good game of bowling! Strike or a spare, we don't care! Ten frames, we're game! A future activity may include bowling at an actual bowling alley! Stay tuned...







Act II Singers

Residents enjoyed a lovely performance by the Solon Senior Center's Act II Singers. It's been awhile since they've performed here (pre-Covid), so we warmly welcomed them back. Thank you for sharing your talent with us!



Pat Williams - Top Nurse, Northeast Ohio

Here are additional pictures of the awards presentation at the Music Box Supper Club.















KATIE ABRAHAM RN, BSN Southwest General Hosp









DAVID MODOCK



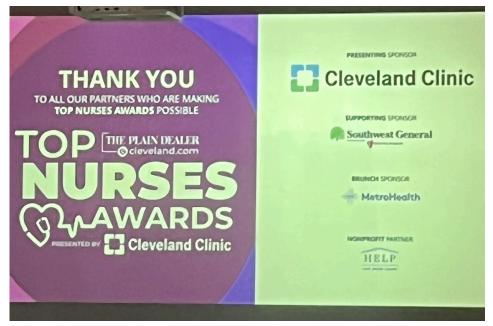
Geauga County Sheriff's Office





PATRICIA WILLIAMS LPN Anna Maria of Aurora





October is...

National Stamp Collecting Month – the first postage stamp was issued in 1840, and nicknamed the "Penny Black." A stamp collector is called a Philatelist. The most popular commemorative stamp? Elvis Presley, issued in 1993. The top most valuable stamp in the world? The Post Office Mauritius, with an estimated value of around \$9.6 million.

National Adopt a Shelter Dog Month – Our furry friends are nearing max capacity at the local shelters. With continued rising costs, sadly, many families are no longer able to care for their pets. Consider adopting a rescue dog or donating items to your local shelter.

Bat Appreciation Month – October is a great month to recognize the bat, often associated with Halloween. Bats pollinate our favorite fruits, and are a non-invasive species, offering natural pest control (they love mosquitos). Bats are the only mammal with the ability to fly and sleep upside down.

October is the "National Month" of a number of health observances including SIDS (Sudden Infant Death Syndrome), Blindness, Spina Bifida, Breast Cancer, and Healthy Lungs.

Mark Your Calendar for "Happy Days Ahead!

October 1 – International Coffee Day – that first cup in the morning makes everyone happy!

October 4 – Kindness to Animals Days

October 5 – Be Nice Day

October 7 – World Smile Day – Smile and Be Happy!

October 31 – Happy Halloween! Oct. 31 falls on a Monday this year. Get your pumpkin carved and your costume ready. Trick or Treat!

OUR OCTOBER BIRTHDAYS!

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	30	Barbara Noltkamper
Arlene Hermelin 2	3	4 Ann Knoll	5 Judith Kirtley	6	7 Phyllis Lombardo Dale Watson	Michael Ahern
9	10	11	12	Ann Wetzel Theresa Videmsek	14 Happy 98th Gilbert Rieger	John Capretta
16	17 Patricia Rogers	18 David Jackson	19	20	21	22
23	24	25	26	27 Leroy Getz	28 Laverne Meehan	29
30	31	1	2	3	4	5

On This Date

OCT. 1, 1971

The Magic Kingdom at Walt Disney World opens in Orlando, Florida



OCT. 8, 1871

The Great Fire of Chicago erupted, killing over 300 people and leaving over 90,000 homeless



OCT. 31, 1941

The Mount Rushmore National Memorial is completed (what four presidents comprise Mt. Rushmore?)

OCT. 13, 1775

The U.S. Navy is founded





OCT. 27, 1904

The New York City subway begins service. It opened to the public at 7pm and more than 100,000 people paid a nickel to take their first ride



TRIVIA

We all love a nice pumpkin latte from Starbucks this time of year, and we can thank the lowly pumpkin for adding a bit of deliciousness to that drink! There's an entire history to the great "orange globe," and it's so much richer than your pumpkin latte! Test your knowledge of the "great pumpkin" for a chance to win a Starbucks gift card!

Email your answers to editor Joann Poremba at jporemba@annamariaofaurora.com or text 330/472-3555. First set of correct answers will also win a pumpkin pie! Be quick and good luck!

True or False

The pumpkin is considered a fruit \Box T \square F

Name Two:

"cousins" of the pumpkin

True or False

A whopping 80% of the U.S. pumpkin crop is harvested during the month of August

> \Box F \Box T

Name the top 5

pumpkin-producing states

Which city in Ohio...

hosts the "greatest pumpkin festival in the U.S." every October?

5.

Halloween would not be complete without including the traditional carved pumpkin, also known by this name...

6.

Pumpkin seeds are also known by

this name...

6.

BONUS

approximately how many pumpkin seeds are in an average pumpkin?

JOKES

Who helps little pumpkins cross the road safely?

The Crossing Gourd

What do you call a little pumpkin who doesn't listen to the crossing gourd?

Squash

15

Comics











I hope you enjoy this recipe!

Recipe: Pumpkin Earthquake Cake

From the Kitchen of Paty Pasadyn, RN, Client Services Manager (Family Tree Home Care) This is one of Paty's favorite fall recipes!

Ingredients

1 box (15.25 ounces) Spice Cake Mix w/Pudding

3 Large Eggs

1 cup canned 100% pure pumpkin

3/4 cup of water

1/2 cup vegetable oil

1/3 cup granulated sugar

2 t. pumpkin pie spice

Cream Cheese Filling

8 ounces cream cheese, room temperature ½ cup unsalted butter

3 cups powdered sugar

½ cup chocolate chips (optional)

Directions:

- Preheat oven to 350 degrees. Spray a 9x13 baking pan with non-stick cooking spray
- Mix all cake ingredients together in large bowl until well blended
- Pour batter into greased pan
- ▶ In a separate bowl, melt butter in microwave for 30 seconds
- Add cream cheese and mix until well-blended
- Slowly add powdered sugar until well combined
- ▶ Place spoonfuls of cream cheese mixture all over the top of cake mixture. Using a knife or skewer, gently swirl through the cream cheese sprinkle chocolate chips on top
- Place in preheated oven and bake for 30-35 minutes or until done
- Cool completely before serving

Enjoy!

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Saturday

Friday

Thursday

Wednesday

Tuesday

Monday

Sunday

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