

November 2023

Assisted and Independent Living Activity Calendar

All activities are subject to change

			<p>9:30-Independent Living Shopping at Walmart 11:00-Out to Lunch at Red Lobster 1:30-Bingo with Kelli-WC 3:30-Balloon Volleyball -WC</p>	<p>10:00-OLPH-WC 10:30-Uno Cards-WW 12:30-Outing to Penitentiary Glen Nature Center 1:00-Prayer Group-NA 3:00-Bingo & Shopping Cart-WC</p>	<p>10:30-Brain Benders-WC 1:15-Chair Dancing-NB 1:45-Entertainment by John Pearson-WC 3:00-Happy Hour-NBGR</p>	<p>10:00-Yoga w/ Vivian-NA 1:00-Mexican Train Dominoes-NBGR 2:00-Adult Coloring or Painting-WC 3:00-Bingo with Kelli-WC</p>
<p>5 9:30-Independent Living Trip to Hope Lutheran 1:00-Browns vs. Cardinals on TV-NA 3:30-Faithful Friends Ministry-WC</p>	<p>6 9:15-Nail Polishing-WC 10:30-Uno Cards-WW or Yatzee in NBGR 1:00-Virtual Mass-NA 2:00-Portage Parks Presentation-NA 3:15-Choir Practice-WC 4:00-Trivia Time-WW</p>	<p>7 9:30-Card Cart-NBGR 10:15-Parkside Church Music and Prayer-NBGR 1:00-Short Stories-NB 2:15-Yoga with Lisa-NB 3:30-Rosary w/Colin-NB 6:00-Evening Bingo-NBGR</p>	<p>8 10:00-Independent Living Shopping at Marc's 1:30-Flower Arranging with Joanne-NBGR 2:15-Book Club-NB 3:00-Music with John Buchanan-NBGR</p>	<p>9 10:00-OLPH-WC 12:30-Scenic Bus Ride 1:00-Flute Concert by Carrie Mitchell-WC 2:15-Veteran's Day Program-WC 3:15-Bingo & Shopping Cart-WC</p>	<p>10 10:30-Brain Benders-WC 1:15-Chair Dancing-NB 2:00-Entertainment by Mike and Molly-WC 3:00-Happy Hour-NBGR</p>	<p>11 10:00-Yoga w/ Vivian-NA 1:00-Mexican Train Dominoes-NBGR 3:00-Bingo with Karen -WC Veterans Day Remembrance Day (Canada)</p>
<p>12 1:00-Browns @ Ravens on TV-NA 3:00-Mexican Train Dominoes with Karen-NBGR Diwali (Hindi)</p>	<p>13 9:15-Nail Polishing-WC 10:30-Uno Cards-WW 1:00-Virtual Mass-NA 2:00-Chair Exercise-NB 3:15-Holiday Choir Practice-WC 4:00-Putt-Putt-WW</p>	<p>14 9:45-Coffee Chat-NBGR 10:15-Parkside Church Music and Prayer-WC 1:00-Short Stories-NA 2:15-Yoga with Lisa-NB 3:30-Rosary w/Colin-NA 6:00-Evening Bingo-WC</p>	<p>15 9:15-Independent Living Shopping at Walmart 10:45-Lunch at Quintealea's Tea Room 1:30-Autumn Craft-WC 3:00-Bingo with Kelli-WC or Nickle Bingo-NBGR</p>	<p>16 10:00-OLPH-WC 10:30-Uno Cards-WW 1:00-Scenic Bus Ride 1:00-Prayer Group-NA 2:00-Music Therapy-WC 3:00-Bingo & Cart-WC 3:00-Food Demo-Crackling Cranberry Muffins-NBGR</p>	<p>17 10:30-Brain Benders -WC 1:15-Chair Dancing-NB 2:00-Entertainment by Ilya Shteyndler-WC 3:00-Happy Hour-NBGR</p>	<p>18 10:30-Chair Dancing with Neela -NA 1:00-Mexican Train Dominoes-NBGR 2:00-Adult Coloring or Painting-WC 3:00-Bingo with Kelli-WC</p>
<p>19 9:30-Independent Living Trip to Hope Lutheran 1:00-Browns vs. Steelers on TV-NA 3:30-Faithful Friends Ministry-WC</p>	<p>20 9:15-Nail Polishing-WC 10:30-Uno Cards-WW or Yatzee in NBGR 1:00-Virtual Mass-NA 2:00-Chair Exercise-NB 3:15-Choir Practice-WC 4:00-Funny Bones Don't Get Arthritis-WW</p>	<p>21 9:30-Card Cart-WC 10:15-Parkside Church Music and Prayer-WC 1:00-Short Stories-NA 1:00-Snowflake Shop-DR 2:15-Yoga with Lisa-NB 3:30-Rosary w/Colin-NA 6:00-Evening Bingo-WC</p>	<p>23 10:00-Independent Living Shopping at Marc's 1:00-Mass with the Priest from OLPH-WC 1:45-Bingo with Kelli-WC 2:45-Flower Arranging with Joanne-NBGR 3:30-Putt Putt-WW</p>	<p>25  Thanksgiving Day (US)</p>	<p>24 10:30-Coffee Chat-WC 1:15-Chair Exercise with Kelli-NB 2:00-Entertainment by Matt Moore & Birthday Party-WC 3:00-Happy Hour-NBGR</p>	<p>25 10:00-Yoga w/ Vivian-NA 1:30-Let's Discuss with Mary Kay-WC 2:15-Bingo with Mary Kay-WC</p>
<p>26 12:30-Afternoon Movie-"Divine Secrets of the Ya-Ya Sisterhood"-NA 2:30-Parkside Church Bible Study-WC 4:00-Browns @ Broncos Colts on TV-NA</p>	<p>27 9:30-Nail Polishing-WC 10:30-Uno Cards-WW 1:00-Virtual Mass-NA 1:00-Scenic Bus Ride 2:00-Exercise w/ Kelli-NB 3:00-Men's Club-WC 4:00-Trivia Time-WW</p>	<p>28 9:45-Coffee Chat-NBGR 10:15-Parkside Church Music and Prayer-WC 1:00-Short Stories-NA 2:15-Yoga with Lisa-NB 3:30-Rosary w/Colin-NA 6:00-Evening Bingo-WC</p>	<p>29 9:15-Independent Living Shopping at Walmart 10:45-Trinity Cathedral Brown Bag Lunch 2:30-Bingo with Kelli-WC or Nickle Bingo-NBGR 4:00-Trivia Time-WW</p>	<p>30 10:00-OLPH-WC 10:30-Uno Cards-WW 1:00-Scenic Bus Ride 1:00-Prayer Group-NA 2:00-Food Committee-All Residents are invited-WC 3:00-Bingo & Cart-WC</p>	<p>Calendar Key DR= Dining Room-Lobby Area, NA=Norwood A, NBGR=Norwood B Great Room, NB=Norwood B Library, WC=Wellness Center & WW=Westwood Highlighted in Yellow-Sign up ahead of time Activities in Blue are NEW or Special Events</p>	