

FIND IT ON PAGE...

Trick or Treat!

October was filled with lots of fun Halloween activities, including a Fall Festival, Trick-or-Treat Street, and of course 101 Dalmatians and Disney! **See pages 9-11** for lots of pictures of our very FUN month!





The Anna Maria "Haunted Bus" a Winner at City of Aurora Trunk or Treat! What did we win?

See page 6!

Annual Alzheimer's Walk

Employees once again donned their walking shoes for a brisk, 3-mile walk through the streets of downtown Akron to support awareness for the Alzheimer's Association. **See page 7** for additional pictures of our fun morning!

Chili Cook-Off and Hot Dog Lunch Raise Funds for Alzheimer's Association Our fundraising continues in a most delicious way! See pages 4 and 7!



TOM AND ANNETTE CADWELL

How many of you married your high school or college sweetheart? Tom and Annette met at Kent State University and have a lovely story to share!



Tom was born on November 23, 1927, in Chicago, IL. While the family was originally from the Cleveland area, they moved to Chicago when Tom's father (also named Tom) was offered a position with an engineering firm. In 1931, he lost this job and the family relocated back to Cleveland, moving in with grandma and grandpa in Cleveland Hts. where they lived for a few years. After gaining some financial stability, the family moved to Wickliffe, eventually circling back to Cleveland Hts. where Tom attended high school. After graduation, Tom enlisted in the Army where he served for two years. After an honorable discharge, he enrolled at Kent State University, where he earned an accounting degree.

Annette was born and raised in Akron, OH. Her father was also named Tom. She attended Uniontown High School, where she was a cheerleader. She played piano for a quartet called The Four Fish and Annette. After graduation, she enrolled at Kent State University.

The first week of school, Annette and her friends stopped

by the campus drug store to purchase some essentials. Tom and his friend, Jack, were also at the drug store, however, their purpose was to "check out the freshman crop!" Tom and Jack struck up a conversation with the girls, and they decided to go grab a burger and continue talking. Tom was the only one with a car, a 1932 Peerless. Annette chose to sit in the front seat with Tom as she was curious as to how this car compared with hers. Tom and Annette dated all through their college years, and married on October 28, 1950, at the Uniontown Methodist Church (they just celebrated their 72nd anniversary).

The newlyweds settled in Mayfield Hts., where Annette taught first grade with the Mayfield City Schools. Tom held a variety of jobs throughout his working career: banking, cost accountant, treasurer, and a stock broker. In 1974, he opened his own investment firm – Financial American, Inc.

Tom and Annette were blessed with four lovely children: James, Richard, Steve, and Amy. Favorite family memories include vacationing in Pennellwood, Michigan. They enjoyed themselves so much it became a yearly destination for 15 years!

In 1985, Tom and Annette moved to Scottsdale, Arizona, where they enjoyed the sunshine and warmth. In 2021, they made the decision to move back to Cleveland to be closer to their children and grandchildren. The big question: where to live? Annette's brother and his wife helped them make that decision. Years ago, they resided here at Anna Maria, and suggested to Tom and Annette that they tour the facility. One look and the decision was made. Anna Maria would become their new residence! One of the best decisions ever made. Here are excerpts from a letter Tom and Annette sent to family members on their one-year anniversary of moving back to Cleveland! "...One year ago, Annette and I flew to Cleveland, leaving Scottsdale, Arizona...we settled into retirement living as independent-living residents at Anna Maria in Aurora...we are totally convinced that we made this move at the right time and to the right place...we enjoy the many amenities Anna Maria offers...daily dinner, entertainment, happy hour, a well-stocked library...we are quite happy here..."

And we are happy, too, that this lovely couple enjoy all that Anna Maria has to offer! May God continue to bless Tom and Annette with good health and happiness.



EMPLOYEES OF THE MONTH



NOVEMBER

Carey Huffman

LPN (South Unit)



Anna Maria

Years of Service: 8 Years

Family: Husband Nathan and 5 year old son Dillon

Pets: Two French Bulldogs named Pierre and

Penelope

Favorite Food: Hawaiian Pizza

Favorite Music and Artist: Country and Luke

Bryan

Hobby: Crafting

Vacation Destination: Outer Banks

If not a Nurse.... a high school algebra teacher

Fun Fact: Carey is a computer whiz

Why Anna Maria?: great administration and co-workers; adores the residents on her unit; flexible scheduling (Carey has a wonderful work schedule!)

Larry Jones

Hosekeeping



Larry (center) with Maurice White (left) and Chris Norton (right)

Kensington

Years of Service: Six years

Family: a 23 year old son - DeAngelo - and a 19 year old

daughter – Nakiya **Pets:** a cat named Max

Favorite Food and Restaurant: Pizza and George's Kitchen on Triskett Rd (great place to dine when craving

comfort food)

Hobby: Cooking and Grilling

Music: R & B from late 60's and 70's. Earth, Wind, and

Fire and Luther Vandross

Vacation Spot: Vermont and Wyoming. Enjoys hiking

and fishing and anything related to nature

Fun Fact: Larry holds a psychology degree from Kansas

State and was in the military (Army)

Not-So-Fun-Fact: Larry was originally scheduled to be a passenger on Flight 93 to San Francisco on September 11, 2001. At the last minute, his Army general cancelled his

flight.

Why Kensington?: loves his co-workers and residents and takes pride in cleaning – Great place to work!





A LOOK AT WHAT IS GOING ON...

Chili Cook-Off

Highly anticipated and never a disappointment! Once again, employees outdid themselves with their creative approach to a delicious crock of chili. This year, we enjoyed 12 crocks of chili, all very different and all very yummy. Only \$5.00 for unlimited samples and a bowl of one's favorite. We raised \$200.00! The winners this year (drum roll, please)....

1st place

Paty Pasadyn (Family Tree Home Care)Sweet and Spicy Chili

2nd place (TIE)

Colleen Storme (Front Desk) – Creamiest White Chili **Ashley Hamilton** (Admissions) – Chili with a Twist



(l to r) – Colleen Storme, Ashley Hamilton, Paty Pasadyn

Many thanks to ALL who participated! **Lisa McFarland** (AL/IL Activities) – Halloweenie Chili, **Jody Rader** (Admissions) – Jolicious Chili, **Sally Baltes** (DON) – Chick, Chili, Cash!, **Debbie Carr** (LPN, MDS) – Sweet Potato Black Bean Chili, **Jason Reed** (Maintenance) – Campus Chili, **Evan Webster** (Marketing) – Harvest Chili

Sweet and Spicy Chili (Paty Pasadyn)

Ingredients

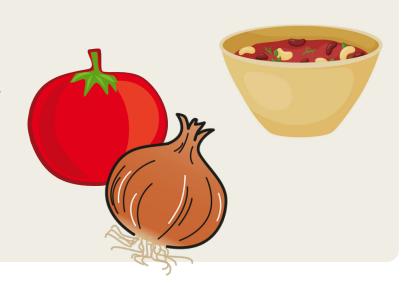
- 1 lb ground beef
- 1 lb hot sausage
- 1 lb Italian sausage
- 1 yellow and red peppers, diced
- 1 sweet onion, diced
- 2 small cans of tomato paste
- 2 small cans of tomato sauce
- 1 cup water
- 1 cup brown sugar
- 1 large can of dark red kidney beans
- 1 can of Bush's Bourbon and Brown Sugar

Grillin Beans

- 1 T. chili powder
- 1 T. garlic powder
- 1 T. minced garlic
- 1 t. salt
- 1 t. black pepper
- 1 t. cayenne pepper

Directions:

*** Brown meat and drain grease. Cook peppers and onion until wilted. Add ALL ingredients to a slow cooker and cook for 4 hours. Serve with shredded pepperjack cheese and sour cream





Chili with a Twist (Ashley Hamilton)

Ingredients

- 4 chicken breasts
- 2 cups heavy whipping cream
- 1 block cream cheese
- 3 T. chicken bouillon
- 1 package Hidden Valley Ranch (dry)
- One of each red, green and yellow pepper, diced
- 1 diced yellow onion
- 2 cans green chilies
- 1 can Rotel tomatoes
- 2 cans Great northern beans, rinsed
- 1 can black beans, rinsed
- 2 T. cumin
- Couple dashes of garlic powder
- Salt, pepper, and chili powder to taste

Directions:

Place all ingredients in a crockpot and cook on high for 4 hours. Remove chicken and shred. Replace chicken, stir and cook for another hour on High.



Trick or Treat Street Returns!

"Witch" way to the candy? After a hiatus of two years due to Covid, Trick or Treat Street returned with a gusto. The hallways of Anna Maria (Kensington did not participate this year) were filled with ghosts and goblins and other creatures that go "bump in the night" all stalking the same thing: CANDY! Residents were so excited about the return of this very fun event! It's always a treat to see all the cute kids in costume.



What an adorable cookie!



Activities Asst. Brad L. with his family



Mini Wonder Woman



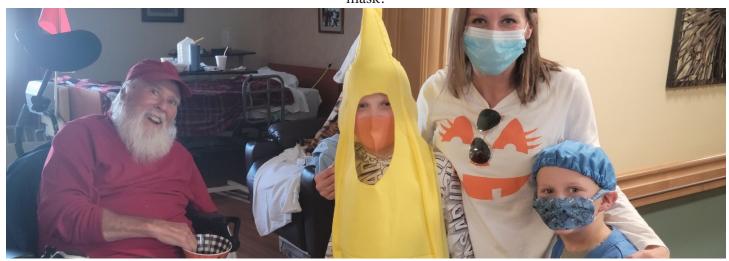
Cynthia K. with daughter Lori



Who is that behind the scary mask?



O-H.... I-O



Bob B. (left) with Dietitian Sue Kocin and her kids

HalloWEENIE Fundraiser

Anna Maria employees enjoyed a delicious hot dog lunch on Halloween with all sorts of toppings (chili, sauerkraut, cheese, onions, jalapenos), along with a bag of chips and a cookie. We raised \$340.00 for the Alzheimer's Association. Hot diggity dog! Many thanks to all those who purchased a lunch!







Michael M. can't believe we raised over \$300



Lots of hungry Dalmatians!

Alzheimer's Walk

It's no secret that the Campus of Anna Maria of Aurora is a top supporter of the Alzheimer's Association: East Ohio Chapter. We participate every year in the Alzheimer's Walk in Akron. This year, close to 30 employees enjoyed a brisk, 3-mile walk through the streets of downtown Akron. We raised \$25,000 in 2022, and we hope to exceed this amazing amount next year. We are confident that our efforts will one day result in a cure for this disease.









City of Aurora Trunk or Treat!

We once again participated in the City of Aurora's 3rd annual Trunk or Treat at the Hartman Fields, sponsored by the Parks and Rec Department and Aurora Chamber of Commerce. A mild, sunny day resulted in lots and lots of cars! Over 500 kiddos took advantage of delicious treats (thankfully, no tricks). And yes, the Anna Maria "haunted bus" won (3 years in a row now) – this year for Scariest Trunk. New this year – Fan Favorite! And guess who won? Yep! We are so happy and proud. Thanks to all those who voted for the haunted bus. *** Many thanks to Tiffany Bland (HR Coordinator) for the use of her Halloween decorations and blow-ups. This would not have been possible without her props!



Yes, that's Evan Webster!



We want Candy!



Tiffany Bland and Joann Poremba with Fan Favorite trophy



Scariest Trunk Trophy



Tiffany Bland – what a pretty witch!



The Anna Maria "Haunted" bus



Hope that bee (Joann Poremba) doesn't sting!

Halloween FUN!

It's always nice to throw a little bit of "fun" into the workday, and Halloween is the best holiday of all to have some fun! Employees enjoy dressing up, and the residents get a big kick out of the great costumes. This year, each building had a "theme." Anna Maria – 101 Dalmatians – and Kensington – Disney. Each building was overrun with spotted dogs (friendly of course), princesses, Minnie Mouse, Maleficent, and even Shazam could be found lurking in the shadows. Definitely a fun-filled day!



Pocahontas (l) and Maleficent (r)



Don't call the exterminator on these cute mice!



Mary F. – careful stirring that cauldron



Margaret and Robert H.



A most spooky transformation!



Welcome!



A most funny clown! (Amanda Powers)



More adorable Dalmatians!



Which Disney princess is this?



Dalmatians - Assisted Living



Chuck Barber (middle)



AL/IL Activities Director Lisa
M. with Bowie



101 Dalmatians - where is Cruella?



The Kensington Disney Princesses! Who is that in the back?

Fall Festival

Fall would not be complete without fun fall snacks, decorations, and games. What about a combination of all three at one time? That's exactly what we did! Anna Maria residents enjoyed a delightful afternoon filled with great food, cookie decorating, and of course, pictures with pumpkins. Many thanks to our wonderful activities staff, led by Jazmin Williams, for all of their hard work in organizing such a fun event.



Dolores H. with STNA Brenda



Bob B. (foreground) enjoys some snacks







Jennie D.

Betty B. – great looking cookies!

Doris J.





Dolores H. (left) and Laurel Ann C.

Bob B. with STNA Gabrielle Taylor







Cheese and crackers anyone?



Great picture of Jennie D.





STNA Terri Malloy with Hal S.

Violet S. with son Richard

Why Does a Spider Spin a Web?

Because they don't know how to knit or crochet! LOL... We all know how much our Kensington residents love to craft, even when it involves a scary spider! A web was created using a black picture frame and black yarn. This finishing touch? A foam spider!





Danna N's spider craft looks great!

Jones Bones Food Truck

Jones Bones BBQ Food Truck stopped by our campus last month, offering the most delicious BBQ ribs, chicken, and pulled pork. A favorite? Creamy Macaroni and Cheese topped with pulled pork. Oh my goodness. We look forward to their return next summer. Sad we have to wait that long for delicious BBQ.





Sarah King (left) and Lisa Gleason are first in line!

Introducing.....



Our Anna Maria activities department. After a few months of transition, we believe we finally have a solid team! Activities Director Jazmin Williams (we all know Jazmin!) leads the team along with newcomers Jennifer Sullivan and Brad Lanscioni. Jennifer is from Streetsboro and previously worked for many years in the banquet division at Silver Lake Country Club. She enjoys reading, cooking, and baking. Brad lives right here in Aurora and is originally from Chicago. Previously managed a golf course in Florida (he holds a degree from Florida State). Brad and Jennifer are happy to be part of such a great team. Stop by and say hello anytime.

Every Resident, Every Family, Every Day



Jeff Kudley Hanigan, our new Medicaid Liaison, has quickly figured out what Anna Maria is all about. He crafted a lovely pumpkin display, complete with a homemade wooden base, with three pumpkins. Why three? Pumpkin #1 – Every Resident – Pumpkin #2 – Every Family – Pumpkin #3 – Every Day! That's what we are all about, every hour of every day. Thanks, Jeff, for sharing your talent with us. Two of the pumpkins are still going strong!





A LOOK AT WHAT IS GOING ON...

Candy Corn

A healthy candy corn? Can that be possible? Yes! Our version calls for mandarin oranges, pineapple, and whipped cream. Delicious!







Thank You!

Marion S. with two? Hmm....

Gary B. is ready to enjoy!

To our wonderful volunteers, Joanne Gabriel and Janice Cook Swanson. Joanne stops by weekly to read short stories to our residents. What started out as a small group has grown to double-digit participation. Janice, whose parents were residents in our assisted living a few years ago, is a gifted pianist and plays weekly for our residents. We appreciate you, Joanne and Janice!





Candy Anyone?

Residents participated in the return of Trick or Treat Street, open to kids of our employees and family members. Armed with candy (and lots of it), residents passed out treats to all the adorable trick or treaters. We were so happy with the turnout! Thanks to our activities department for their hard work in preparing all the treat bags!















Flower Arranging

From time to time, the Giant Eagle in Solon will drop off cut flowers that are past the "sell by" date. These flowers are still beautiful with quite the "life" left. Thank you Giant Eagle. Residents appreciate these donations as it allows for the creation of lovely arrangements. So pretty!



Marlys B. (left) and Donna M.



Lorraine T. (left) and Ginny R.



Trudy U.



Theresa V.



The group had a lot of fun

Who Wants to be a Cowboy?

We do! Residents enjoyed a most delicious lunch at the Cowboy Food and Drink in Bainbridge. Barbecue is king at the Cowboy! Favorite food? Pulled pork sandwich and pork nachos. We will definitely be back



Loki the Puppy

Brandon in our dietary department is the proud owner of the most adorable puppy named Loki. Loki comes to visit occasionally and residents can't get enough of his cuteness. Catherine F. won't let go! Awwww.....



Dinner at Brennan's Fish House

Residents enjoyed the most delicious food at Brennan's Fish House in Grand River. Lisa McFarland, AL/IL Activities Director, lives in Grand River, so she and her husband, Rand, joined the group for dinner! Brennan's is known for their delicious perch and walleye, straight from Lake Erie!



What a Glorious Day!

We were blessed with gorgeous weather for our outdoor fall fest. Pictures with pumpkins, donuts, and apple cider complemented the day's activities. October was such a wonderful month! "I'm glad I live in a world where there are Octobers!" L.M. Montgomery –











Patterson's Fruit Farm

October would not be complete with a trip to Patterson's Fruit Farm in Chesterland, featuring a year-round market with seasonal produce, apples, pumpkins, and freshly-made donuts. Residents so enjoy this excursion and always come back with lots of goodies!











Trinity Cathedral

We recently attended one of the "Brown Bag Lunch" concerts at the beautiful Trinity Cathedral in Cleveland. We enjoyed the music of Gabriel's Horns while dining on a brown bag lunch of ham sandwiches and fruit, made with love by our Norwood chef, Jim Hayden. These concerts are offered every other Wednesday at Noon (October-December and February-May). It is now the longest-running free concert series in the Greater Cleveland area. Amazing!



(l to r) Karen P., Pat A., and Donna M. are ready to enjoy



What a beautiful church!



Gabriel's Horns - so talented

Preparing for the Cold

We don't think this hat will keep Bowie (our resident in-house therapy dog) very warm this winter, do you? Plus it's the wrong color!



November is...

Welcome November! This 11th month of the year is associated with mid-term elections, **Thanksgiving**, **Black Friday**, THE Ohio State vs. Michigan game, quite possibly a few more Browns wins, **Veterans Day**, and the kick-off to the holiday season (Christmas commercials began on Halloween). We also observe the following during November: **Long-Term Care Awareness**, **Adopt-a-Senior Pet**, **Adopt-a-Turkey**, **Lung Cancer Awareness**, **National Peanut Butter Lovers**, **National Hiking Day**, and **Epilepsy Awareness**.

Calendar

November 1 – All Saints' Day – a solemn holy day of the Catholic faith honoring the saints of the church **November 1** – Author's Day. Stop by your local library and check out a new book! Text BOOK to 330 472-3555 for a chance to win a new novel by author Sarah Adams, When in Rome. Good luck!

November 2 – All Souls Day – a day of prayer and remembrance for the souls of those who have died **November 6** – Daylight Savings reverts back to Standard Time at 2am. Don't forget to "fall back" and turn your clock back one full hour. Enjoy that extra hour of slumber! (Daylight Savings will remain permanent beginning next year)

November 8 – Mid-term elections! Exercise your right to VOTE today!

November 11 – Veteran's Day. Take a moment to thank a veteran for his or her service to our great country! (please refer to our activity calendars for information on Veteran's programs here at Anna Maria and Kensington)

November 13 – World Kindness Day. What will you do today to make the world a better place! **November 24** – Happy Thanksgiving! There's more to this day than eating. It's a day to think about everything you're thankful for and why.

November 26 – Shop Small Business Day. Shop locally in support of Small Business Saturday!

OUR NOVEMBER BIRTHDAYS!

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	Ernest Moldvay	2 Laurelann Conway	3 Carol Mohney	4	5 Cynthia Oler
Minna Chandler Joseph Sindone	7	8 Evelyn Dillemuth Elmer Papp	9	10	Daniel Dyer Margaret Heston Loretta O'Neill	12
13 Dora McGregor	14 Angie Tabor	15	16 Barbara Filipic	17 Catherine Farneth	18 Mickey Mouse (Mickey turns 94!)	19 Robert Heston David McCahon
					(Mickey turns 94:)	Barbara Ellman
Annette Cadwell Happy 90th Genee Hawkins	21 Hubert Phelan	22	23 Thomas Cadwell Patricia James	24 Robert Ehlert Florence Obojski	25	26 Hugh Morgan
27 Joyce Smith	28	29 Arthur Dillemuth	30	1	2	3

On This Date

NOV. 1, 1800

President John Adams becomes the first president to reside in the White House



NOV. 6, 1860

Abraham Lincoln is elected as the 16th president of the United States (and the first Republican)

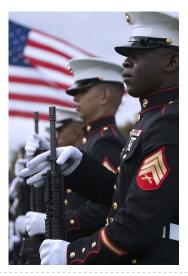
NOV. 22, 1963

President John F. Kennedy is assassinated by Lee Harvey Oswald at 12:30pm CST in Dallas



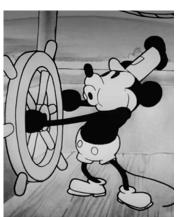
NOV. 10, 1775

The United States Marine Corps is created



NOV. 18, 1928

Mickey Mouse makes his debut in the animated blackand-white short film Steamboat Willie



Gobble, Gobble.... Aahh, Thanksgiving l

Aahh, Thanksgiving Day.... A day to gather with family, eat heartily, watch football, and count your blessings! It's the unofficial start of the holiday season! A day when calories do NOT count! **** Test your knowledge of this wonderful holiday with these fun trivia questions! Submit your answers to editor Joann Poremba (jporemba@annamariaofaurora.com) for a chance to win a gift card! Good luck!

Which U.S.
President designated
Thanksgiving a
national holiday?

TRIVIA

Turkey was not on the menu at the first Thanksgiving. What meat was most probably served? True or False

Ben Franklin suggested the national bird be a turkey, not the bald eagle...

 \Box T \Box F

What Thanksgiving food items boasts the most calories?

Baby turkeys are called:

- A □ Chicks
- B □ Poults
- C □ Gobblers
- D□ Tommies

What state produces the most turkeys?

- A □ North Carolina
- B □ Texas
- C

 California
- D□ Ohio

What was the first balloon to debut in the 1927 Thanksgiving parade?

- A □ Mickey Mouse
- B □ Felix the Cat
- C

 Superman
- D □ Betty Boop

What two NFL teams always play each other on Thanksgiving Day?

1.

2.

9:15	Tuesday	Wednesday	Thursday	Friday	Saturday
12:4		9:15 Chronicles EWINW 2 10:30 Nail Designs AR 12:45 Act Trivia SW 1:45 Nail Art SW 2:00 Ron It NW	9:15 Chronicles EW/NW 10:30 Morning Moves AR 11:00 Chef Show SW 12:45 Act Trivia SW 2:00 What's Conking AR	3 9:15 Chronicles EW/NW 10:30 Bingo AR 11:30 Ticket Cart 12:45 Act Trivia SW	4 9:15 Chronicles EW/NW 5 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Afternoon Moves AR
2:45	2:45 Serenity Hour EW/SW 3:15 Craft Club AR	2:45 Peaceful Minds SW/EW	2:45 Relaxing Soul EW/SW	1:30 Daily News SW 2:00 Word Games AR	3:00 Reading Corner SW
4:30	4:30 Table Talk NW	3:00 Pictionary AR 4:00 Dance it out SW	5:00 Room Visits EW	3:00 Live Music w/ Papaleo DR	3:30 Room visits SW
EW/NW 7	9:15 Chronicles EW/NW 8			EW/NW	11 9:15 Chronicles EW/NW12
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	2:00 Scenic Ride OOF	2:45 Peaceful Minds SW/EW	2:45 Relaxing Soul EW/SW	1:30 Daily News SW	3:00 Reading Corner SW
3:15 Word Games AR 4:30 Table Talk DR		3:00 Card Games AR 4:00 Dance it out SW	3:00 Rosary AR 4:00 Room Visits EW	3:00 Live Music w/ Tom Toold DR velegas bay	3:30 Room visits SW
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2:30 Room Visits NW	2:00 Scenic Ride OOF 2:45 Serenity Hour EW/SW	2:45 Peaceful Minds SW/EW	2:00 What's Cooking AR	1:30 Daily News SW 2:00 Word Games AR	3:00 Reading Corner SW
	3:15 Craft Club AR 4:30 Table Talk NW	4:00 Dance it out SW	3:00 Rosary AR 4:00 Room Visits EW	3:00 Live Music w/ John Caldwell DR	5.50 Koom visits 5vv
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2:15 Q&A NW 3:15 Word Games AR 2:45 3:00 Cozy Treats All 4:30 Table Talk DR 4:30 7:30 4:30 4:30 4:30 4:30 4:30 4:30 4:30 4	2:45 Serenity Hour EW/SW 3:15 Craft Club AR 4:30 Table Talk NW	2:45 Peaceful Minds SW/EW 3:00 Pie Tasting AR 4:00 Dance it out SW		2:30 Word Games AR 3:30 Toss back NW 4:00 Watchful Eye EW	3:30 Room visits SW
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	2:45 Serenity Hour EW/SW 3:15 Craft Club AR 4:30 Table Talk NW	2:45 Peaceful Minds SW/EW 3:00 Holiday Prep AR 4:00 Dance it out SW	2022 Kensington		

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Saturday	10:00-Yoga with Vivian-NA 1:00-Adult Coloring or Painting-WC 1:30-Let's DiscussNA 3:00-Bingo with Kelli-WC	10:00-Yoga with Vivian-NA 1:30-Let's Discuss it with Mary Kay-NA 2:15-Bingo with Mary Kay-WC	10:00 Yoga with Vivian-NA St. Joan of Arc Service D 1:30-Bingo-WC 2:30-Ice Cream Social-WC 3:15-Uno Card Game-W	22 10:00-Yoga with Vivian- NA 1:30-Let's Discuss it with Mary Kay-NA 2:15-Bingo with Mary Kay-WC	2022 ing Activities ange y-330-562-6171 ext. 234
Friday	4 10:30-Brain Benders -WC 1:15-Chair Dancing-NA 2:00-Piano Concert by Janice Swanson-WC 3:00-Happy Hour-NBC	11 10:30-Brain Benders-WC 1:00-Veteran's Day Program-WC 2:00-Entertainment by Steppin' Out-WC 3:00-Happy Hour-NBC	10:30-Brain Benders -WC 1:15-Chair Dancing-NB 2:00-Piano Concert by Ilya Shtendler-WC 3:00-Happy Hour-NBC	25 10:30-Brain Benders -WC 1:15-Exercise with Kelli- NA 2:00-Entertainment by Sam Fosh-WC 3:00-Thanksgiving Puzzles-WC	NOVEMBER 2022 Assisted and Independent Living Activities All activities are subject to change ctor) with any questions or to sign up for an activity-330-562-6171 ext. 2
Thursday	3 10:00-OLPH-WC 10:00-Shop Walmart 1:00-Scenic Bus Ride 2:00-Uno Card Game-WC 3:00-Bingo Followed by Shopping Cart-WC	10:00-OLPH-WC 9:00-Shop Marc's 11:00-Out to Lunch at Aladdin in Bainbridge 3:00-Bingo Followed by Shopping Cart-WC	10:00-OLPH-WC 10:00-Shop Walmart 1:00-Fall Snacktivity-WC 2:00-Music Therapy-WW 3:00-Bingo Followed by Shopping Cart-WC 3:00-Book Club-NBL	Happy 24	Assisted and All ac All ac Director) with any question
Wednesday	2 10:30-Word Pictures-NA 1:00-Fall Craft Corner with Kelii-WC 2:00-Balloon Volleyball-NA 3:15-Bingo with Kelli-WC	10:00-Scenic Bus Ride 1:00-Bowling with Lisa & Kelli-NA 2:00-Geneology with Paul-Discover Your Family History-WC-NA 3:00-Bingo with Kelli-W	10:00-Thinklers-NA 10:45-Brown Bag Lunch Concert at Trinity Cathedral 1:30-Flower Arranging with Joanne-NA 3:00-Bingo with Kelli-WC	23 10:00-Scenic Bus Ride 10:15-Thanksgiving Humor-NA 1:00-OLPH Mass with Father Shawn Conoboy-WC 2:00-Bingo with Kelli-NA 3:00-Happy Hour-NB	30 10:00-Scenic Bus Ride 10:15-Word Mining-NA 1:30-Seasonal Favorites Piano Concert-WC 2:30-Flower Arranging with Joann-NA 3:00-Bingo with Kelli-NA MILisa McFarland (Activity
Tuesday	10:15-Parkside Church 1 Music and Prayer-WC 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 3:00-Rosary-NA 3:30-Holiday Choir Practice-WC 6:00-Evening Bingo-WC	10:15-Parkside Church 8 Music and Prayer-WC 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 3:00-Rosary-NA 3:30-Holiday Choir Practice-WC 6:00-Evening Bingo-WC	10:15-Parkside Church 15 Music and Prayer-WC 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 3:00-Rosary-NA 3:30-Holiday Choir Practice-WC 6:00-Evening Bingo-WC	10:15-Parkside Church22 Music and Prayer-WC 1:00-Short Stories-NA 1:45-History-Music-NA 3:00-Rosary-WC 3:30-Holiday Choir Practice-WC 6:00-Evening Bingo-WC	28 10:15-Parkside Church29 Music and Prayer-WC 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 3:00-Rosary-NA 3:30-Holiday Choir Practice-WC 6:00-Evening Bingo-WC
Monday	Calendar Key, Norwood A Norwood B Coffee Room NBL-Norwood B Library Wellness Center WW-Westwood RED-Independent Living Only Yellow-Sign up ahead of time Blue-NEW or Special Event	7 9:30-Nail Polishing-WC 11:00-Card Cart-WC 1:00-Virtual Mass-NBL 2:00-Kelli's Exercise-NA 3:00-Hot Potato-NA	14 9:30-Nail Polishing-WC 11:00-Card Cart-WC 1:00-Virtual Mass-NBL 2:00-Kelli's Exercise-NA 3:00-Let's Discuss the Macy's Thanksgiving Day Parade-WC	21 11:00-Card Cart-WC 1:00-Virtual Mass-NBL 2:00-Kelli's Exercise-NA 3:00-Spelling Bee-WC	27 28 10:15-Parkside Church29 30 30 3:30-Nail Polishing-WC 2:00-Short Stories-NA 2:30-Parkside Church-WC 2:10-Short Stories-NA 2:30-Rosary-NA 2:30-Food Committee with Jim-WC 2:00-Food Committee with Aurora 889 North Aurora Rd., Aurora
Sunday	Calen Norw NBC-Norwood NBL-Norwo Welines WW-W RED-Independ Yellow-Sign u Blue-NEW o	9:30-Outing to Hope Lutheran Church Browns bye week 1:30-Christ Community Church Bible Study-WC Fall back one hour! Doylight Soving Time Ends	13 1:00-Browns @ Dolphins on CBS-NA	20 9:30-Outing to Hope Lutheran Church 1:00-Browns @ Bills on CBS-NA 1:30-Christ Community Church Bible Study-WC	1:00-Browns vs. Buccaneers Channel TBA-NA 2:30-Parkside Church-WC

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	4 10:00 Visits SP 10:30 Visits NP 11:00 Visits AV 1:30 Chronicles RR 2:00 Snack Cart SP 4:00 Finishing Lines AV	10:00 Visits SP 10:30 Visits NP 11:00 Visits AV 1:30 Chronicles RR 2:00 Snack Cart SP 4:00 What doesn't Belong? AV	10:00 Visits SP 10:30 Visits NP 11:00 Visits AV 1:30 Chronicles RR 2:00 Snack Cart SP 4:00 Finishing Lines AV	10:00 Visits SP 10:30 Visits NP 11:00 Visits AV 1:30 Chronicles RR 2:00 Snack Cart SP 4:00 What doesn't Belong? AV	2022 inge
• Outrook Cont. St.	9:15 Check in RR 9:45 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart NDR 1:00 Dog Therapy RR 2:00 Piano Concert w/ Janice AL 3:30 Pretty Nails RR 4:30 Visits NP	9:30 Check in RR 10:15 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart ND 1:00 Veterans Day Special Event WC 2:00 Music w/ Steppin' Out AL 3:30 Pretty Nails RR Veterans Day Remembrance Day (Canada)	9:30 Check in RR 18 10:15 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart NDR 2:00 Music w/ Ilya Shtendler- WC AL 3:30 Fancy Nails RR 4:30 Visits NP	9:30 Check in RR 25 10:15 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart NDR 2:00 Music w/ Sam Fosh- WC AL 3:30 Pretty Nails RR 4:30 Visits SP	Monte are subject to change
	9:30 Check in RR 3 10:15 Chronicles RR 10:30 Pretty Nails RR 11:30 Rosary MLR 1:45 Taste & Talk NDR 2:45 Snack & Chat AV 3:30 Fancy Nails RR 4:15 Visits AV	9:30 Check in RR 10 10:15 Chronicles RR 10:30 Pretty Nails RR 11:30 Rosary MLR 2:00 Ice Cream RR 3:30 Fancy Nails RR 4:15 Visits AV	9:30 Check in RR 17 10:15 Chronicles RR 11:00 Music Therapy MLR 1:00 Music Therapy AV 1:30 Rosary MLR 2:15 Taste & Talk NDR 3:00 Snack & Chat AV 3:30 Fancy Nails RR 4:15 Visits AV	HAPPY THANIKSGIVING Thanksgiving bay (US)	All activ
	9:30 Check in RR 2 10:15 Chronicles RR 11:00 Trivia NP 2:00 Bingo NDR 3:00 Shopping Cart NDR 4:00 Bowling AV	9:30 Check in RR 9 10:15 Chronicles RR 11:00 Balloon Bop NP 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Bridge Game MLR 4:15 Sensory AV	9:30 Check in RR 16 10:15 Chronicles RR 11:00 Spelling Bee NP 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Bowling MLR 4:15 Meditation AV	9:30 Check In's RR 23 10:15 Chronicles RR 11:00 Thanksgiving Humor NP 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Sequence MLR 4:15 Sensory AV	29 9:30 Check in RR 30 Inc.15 Chronicles RR T1:00 Balloon Bop MLR T1:30 Seasonal Piano Concert w/ Janice WC Tating NDR T1:00 Shopping Cart NDR
	10:00 Fall Scenic Ride 7 00F 10:30 Check in RR 11:00 Chronicles RR 2:00 Church Service MDR 3:15 Golf MLR 3:30 Choir Practice - WC	9:30 Check in RR 10:00 Scenic Ride 00F 10:15 Parkside Church WC 1:00 Chronicles RR 2:00 Craft - Pine Cone Craft NDR 3:30 Choir Practice - WC 4:00 Balloon Bop AV	9:15 Check in RR 15 9:30 Chronicles RR 10:00 Scenic Ride 00F 10:15 Parkside Church WC 2:00 Food Committee MDR 2:30 Resident Council MDR 3:30 Choir Practice - WC 4:00 Bowling AV	R 22 de OOF Church WC RR ng Craft ice - WC p AV	~ a K & b 8 8
	Anna Maria	9:30 Check in RR 7 10:00 Chronicles RR 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Meditation NDR 4:15 Music Fun AV	9:30 Check in RR 14 10:00 Chronicles RR 1:00 Dog Therapy RR 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Meditation NDR 4:15 Dazzling Dancing AV	9:30 Check in RR 21 10:00 Chronicles RR 11:00 Chair Exercise MLR 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Meditation NDR 4:15 Dazzling	Chronicles RR Piano Music w/ SP Singo NDR Shopping Cart NDR Additation NDR Dazzling Dancing AV
	Anna	9:30 Check in RR 6 10:30 Bingo MLR 11:30 Shopping Cart MLR 1:30 Christ Community Church WC 3:00 Chronicles RR 4:15 Reminisce AV Doyllght Saving Time Ends	9:30 Check In's RR 13 10:00 Chronicles RR 10:30 Bingo MLR 11:30 Shopping Cart MLR 1:00 Browns Vs Dolphins MLR 4:15 Reminisce AV		9:30 Check in RR 27 9:30 C 10:30 Bingo MLR 10:00 11:30 Shopping Cart MLR 11:00 1:30 Chronicles RR 2:30 Parkside Church 2:30 Parkside Church 3:00 8 Service WC 3:30 N