

# March 2023

## Assisted and Independent Living Activities

All activities are subject to change

<p><b>9:30-Outing to Hope Lutheran Church</b> 1:30-Christ Community Church Bible Study-WC</p>	<p><b>9:30-Nail Polishing-WC</b> 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 3:00-Play Bridge or other Card Games-WC</p> <p>Purim Begins</p>	<p>10:15-Parkside Church Music and Prayer-WC 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA <b>2:45-Piano Concert-NA</b> 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC</p>	<p><b>10:45-Trinity Cathedral Brown Bag Lunch-Shaker H.S. Chamber Orchestra</b> 1:45-Balloon Volleyball-WC 3:00-Bingo with Kelli-WC</p>	<p>10:00-OLPH-WC <b>10:00-Shop Walmart</b> 1:30-Food Committee-WC <b>2:00-Aromatouch Hand Massage-NA</b> 3:00-Book Club-NBL 3:00-Bingo &amp; Cart-WC</p>	<p>10:30-Brain Benders -WC 1:15-Chair Dancing-NA 2:00-Entertainment with Joel Scigliano-WC 3:00-Happy Hour-NBL</p>	<p>10:00-Yoga with Vivian-NA 1:30-Let's Discuss it with Mary Kay-NA 2:15-Bingo with Mary Kay-WC</p>
<p>8:00-Academy Awards-See if your favorite actor or actress takes home the Oscar-NA Reset your Clocks-Spring Forward</p> <p>Daylight Saving Time Begins</p>	<p><b>9:30-Nail Polishing-WC</b> 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 2:45-Decorate Cookies-WC 3:30-iPhone Basics-WC</p>	<p>10:15-Parkside Church 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA <b>2:45-Learn to Play Mexican Train Dominoes with Karen-WC</b> 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC</p>	<p><b>10:00-Scenic Bus Ride</b> 10:30-You be Judge-WC <b>12:00-Chagrin Falls H.S. Dress Rehearsal of "Mean Girls"</b> 3:00-Flowers Arranging-NA 3:00-Bingo with Kelli-WC</p>	<p>10:00-OLPH-WC <b>10:00-Shopping at Marc's</b> <b>1:30-Baking Bread with Analia-NA</b> <b>2:00-Aromatouch Hand Massage-NA</b> 3:00-Bingo &amp; Cart-WC <b>4:15-Popcorn Cart</b></p>	<p>10:30-Brain Benders-WC 1:15-Chair Dancing-NA 2:00-Entertainment with Memory Lane Radio-WC 3:00-Happy Hour-NBL</p>	<p>10:30-Chair Dancing with Neela 1:00-Mexican Train Dominoes-WC 2:00-Adult Coloring or Painting-WC 3:00-Bingo with Kelli-WC</p>
<p><b>9:30-Outing to Hope Lutheran Church</b> 1:30-Christ Community Church Bible Study-WC <b>2:00-Suburban Symphony</b></p>	<p><b>9:30-Nail Polishing-WC</b> 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 2:45-Bubble Hydangea Painting-WC</p> <p>Spring Begins</p>	<p>10:15-Parkside Church 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC</p>	<p><b>10:00-Scenic Bus Ride</b> 10:30-You Be Judge-WC 1:00-OLPH Mass-WC 2:00-Flower Arranging-NA 3:00-Coffee Chat with Lisa-NBL 3:00-Bingo with Kelli-WC</p>	<p><b>9:15-Shop Walmart</b> 10:00-OLPH-WC <b>11:00-Out to Lunch at El Camino-WC</b> <b>2:00-Music Therapy-WC</b> 3:00-Bingo Followed by Shopping Cart-WC</p>	<p>10:30-Brain Benders -WC 1:15-Chair Dancing-NA 2:00-Entertainment and Shamrock Shakes with Ron Papaleo-WC 3:00-Happy Hour-NBL</p> <p>St. Patrick's Day</p>	<p>10:00-Yoga with Vivian-NA 1:30-Let's Discuss it with Mary Kay-NA 2:15-Bingo with Mary Kay-WC</p>
<p>2:30-Parkside Church Bible Study-WC</p>	<p><b>9:30-Nail Polishing-WC</b> 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 3:00-Geneology Discussion Group with Mary-WC</p>	<p>10:15-Parkside Church 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA <b>2:30-Men's Club with Frank-WC</b> 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC</p>	<p><b>10:00-Scenic Bus Ride</b> 10:30-Sweet Memories-WC <b>1:30-Active Games-WC</b> <b>2:30-Planting Seeds for our Summer Gardens-NBL</b> 3:00-Bingo with Kelli-WC</p>	<p><b>9:15-Shop Walmart</b> 10:00-OLPH-WC <b>11:00-Out to Lunch at Imperial Wok</b> <b>2:00-Aromatouch Hand Massage-NA</b> 3:00-Bingo Followed by Shopping Cart-WC</p>	<p>10:30-Trivia Time with Lisa-WC 1:15-Chair Dancing-NA 2:00-Entertainment with Matt Moore-WC 3:00-Happy Hour-NBL</p>	<p><b>Calendar Key:</b> NA-Norwood A NBL-Norwood B Library WC-Wellness Center, <b>RED</b>-Independent Only, <b>BLUE</b>-New-Special Event <b>Highlight</b>-Sign up ahead of time.</p>