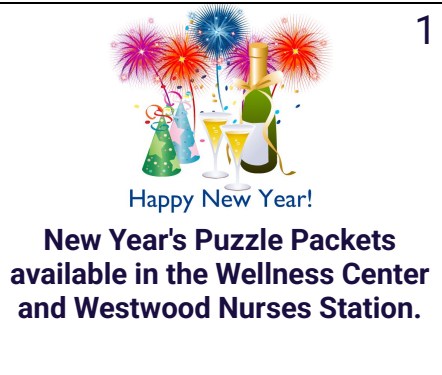


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 All activities are subject to change January 2026 Assisted and Independent Living Activity Calendar				 1 Happy New Year! New Year's Puzzle Packets available in the Wellness Center and Westwood Nurses Station.	2 10:00-Rummikub-WC 12:30-Manicures/Music-WW 1:00-Chair Dancing-NBL 2:00-Entertainment with Matt Moore-WC 3:00-Happy Hour-Bring Your Passports for our Monthly Drawing-NB 7:30-Cavs vs Denver-NA Happy 2nd Birthday, Hula!	3 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB 2:00-Knitting and Crocheting with Bernice-WC
4 2:00-Cavs vs Detroit-NA 2:00-Mexican Train Dominoes-NB 3:00-Faithful Friends Bible Study-WC	5 9:15-Manicures & Music-WC 10:30-Louis Braille born 1/4/1809-Learn About his Life and Legacy-WC 12:30-Virtual Mass-NA 1:00-IL Shopping Walmart-O 3:00-Music Therapy-Sound Inspirations-WC 4:00-Table Talk-WW	6 10:15-Parkside-WC 10:30-Room Visits with Hula 1:00-Short Stories-NA 2:15-Yoga with Lisa-NBL 3:00-Rosary-NBL 3:00-Resident Council-WC 6:00-Evening Bingo-WC 7:00-Cavs @ Indiana-NA	7 9:30-Song Sung Blue at Atlas Movie Theater-O 12:30-Lunch at Wrap City-O 1:00-Mah Jongg-NB 3:00-Afternoon Bingo-WC 3:30-Chair Dancing-NBL 4:15-Table Talk-WW	8 9:30-Hydration Cart-WW/WB 10:00-OLPH-WC 1:00-SPECIAL EVENT-CAVS LEGENDS AND MORE!-Details to follow! 3:15-Afternoon Bingo and Bingo Cart-WC 8:00-Cavs @ Minnesota-NA	9 10:00-Trivia Time-WB 12:30-Manicures/Music-WW 1:00-Chair Dancing-NBL 2:00-Entertainment with Greg Piscura-WC 3:00-Happy Hour-NB	10 10:00-It Happened Today-WC 1:00-Yoga with Verena-NA 1:00-Cavs vs Minnesota-WW 2:00-Mexican Train Dominoes-NB 3:00-Bingo with Kelli-WC
11 2:00-Mexican Train Dominoes-NB	12 9:15-Manicures & Music-WC 10:30-Dozen Day-Facts, Trivia & Name 12 Game-WC 12:30-Virtual Mass-NA 1:00-IL Shopping-Marc's-O 2:30-Balloon Volleyball-WC 3:00-Nickle Bingo-NB 4:00-Table Talk-WW 7:00-Cavs vs Utah-NA	13 10:15-Parkside-WC 10:30-Room Visits with Hula 10:30-Say What?-WB 1:00-Short Stories-NA 2:15-Yoga with Lisa-NBL 3:00-Rosary-NBL 3:30-10 Surprising Benefits of Puzzles-WC 6:00-Evening Bingo-WC	14 10:00-You be the Judge-WB 10:30-Coffee Chat-Burger King or McDonalds?-NB 1:00-Mah Jongg-NB 2:00-Northern Lights Painting-WC 3:00-Afternoon Bingo-WC 4:15-Table Talk-WW 7:00-Cavs @ 76ers-NA	15 9:00-Life Hearing & Balance-Hearing Aid Clinic-See Lisa for an appointment 10:00-OLPH-WC 12:30-Scenic Bus Ride-O 1:00-Prayer Group-NBL 1:30-What's Cooking? Blueberry Oat Bars-NB 3:00-Afternoon Bingo-WC	16 10:00-Rummikub-WC 12:30-Manicures/Music-WW 1:00-Chair Dancing-NBL 2:00-Entertainment with Sam Fosh-WC 3:00-Passport Happy Hour-NB 7:00-Cavs @ Philadelphia-NA	17 1:00-Yoga with Verena-NA 1:00-Knitting and Crocheting with Bernice-WC 2:00-Mexican Train Dominoes-NB
18 2:00-Mexican Train Dominoes-NB 3:00-Faithful Friends Bible Study-WC Activity Professionals Week	19 9:15-Manicures & Music-WC 10:30-MLK, Jr. "A Voice Heard Around the World-WC 12:30-Virtual Mass-NA 1:00-IL Shopping-Walmart-O 2:30-Cavs vs OKC-NA 3:00-Snowflake Craft-NB 4:00-MLK Table Talk-WW Martin Luther King Jr. Day	20 10:15-Parkside-WC 10:30-Room Visits with Hula 1:00-Short Stories-NA 2:15-Meditation and Tibetan Bowls-NBL 3:15-Rosary-NBL 3:30-Book Club-WC 6:00-Evening Bingo-WC	21 10:00-Word Mining-DRL 11:00-Out to Lunch at Papous in Aurora-O 1:00-Mah Jongg-NB 3:00-Afternoon Bingo-WC 3:30-Chair Dancing-NBL 4:15-Table Talk-WW 7:00-Cavs @ Charlotte-NA	22 9:30-Hydration Cart-WW/WB 10:00-OLPH-WC 10:30-Morning Yoga-NBL 12:30-Scenic Bus Ride-O 1:00-Prayer Group-NBL 1:30-Flower Arranging-NB 2:00-Travelogue & Snack-NA 3:00-Afternoon Bingo-WC 4:15-Table Talk-WW	23 10:00-Trivia Time-WB 12:30-Manicures/Music-WW 1:00-Chair Dancing-NBL 2:00-Entertainment with Ron Papaleo-WC 3:00-Happy Hour-NB 7:30-Cavs vs Sacramento-NA	24 10:00-It Happened Today-WC 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB 3:00-Bingo with Kelli-WC 7:00-Cavs @ Orlando-NA
25 2:00-Mexican Train Dominoes-NB 2:30-Parkside Church Worship Service-WC Australia Day (Observed)	26 9:15-Manicures & Music-WC 10:45-Big Fun-Moose Jokes & The Majestic Moose-NA 12:30-Virtual Mass-NA 1:00-IL Shopping-Marc's-O 2:30-Balloon Volleyball-WC 3:00-Nickel Bingo-NB 4:00-Table Talk-WW 7:00-Cavs vs Orlando-NA	27 10:15-Parkside-WC 10:30-Room Visits with Hula 10:30-Call of the Wild-Songs of the Last Frontier-NA 1:00-Short Stories-NA 2:15-Yoga with Lisa-NBL 3:00-Rosary-NBL 3:15-Tea and Trivia-WC 6:00-Evening Bingo-WC	28 10:00-Jack London & the Call of the North-WB 10:30-Coffee Chat-Alliteration Adventure-NB 1:00-Mah Jongg-NB 1:30-Mass with the Priest-WC 2:15-Chair Dancing-WC 3:00-Afternoon Bingo-WC 4:15-Table Talk-WW 6:15-Movie and Popcorn-NA	29 9:30-Hydration Cart-WW/WB 10:30-Morning Yoga-NBL 12:30-Scenic Bus Ride-O 1:00-Prayer Group-NBL 1:30-Moose on the Loose Snacktivity-NB 3:00-Afternoon Bingo-WC 4:15-Table Talk-WW	30 10:00-Rummikub-WB 12:30-Manicures/Music-WW 1:00-Chair Dancing-NBL 2:00-Entertainment with Mike and Molly & Birthday Party-WC 7:00-Cavs @ Phoenix-NA	31 1:00-Yoga with Verena-NA 1:00-Knitting and Crocheting with Bernice-WC 2:00-Mexican Train Dominoes-NB