

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy New Year</p> <p>9:30-Outing to Hope Lutheran Church</p> <p>1:00-Browns at Commanders-NA</p> <p>New Year's Day</p>	<p>9:30-Nail Polishing-WC</p> <p>11:00-Card Cart-WC</p> <p>1:00-Virtual Mass-NA</p> <p>2:00-Kelli's Exercise-NA</p> <p>3:00-Funny New Year's Resolutions and Jokes -NA</p>	<p>10:15-Parkside Church Music and Prayer-WC</p> <p>1:00-Short Stories-NA</p> <p>2:00-Yoga with Lisa-NA</p> <p>3:00-Rosary-NA</p> <p>3:30-Trivia Time-WC</p> <p>6:00-Evening Bingo-WC</p>	<p>10:00-Scenic Bus Ride</p> <p>10:30-Remembering Folk Songs of the 60s-NA</p> <p>1:00-Flower Arranging-NA</p> <p>2:00-Balloon Volleyball-WC</p> <p>3:00-Bingo with Kelli-WC</p>	<p>10:00-OLPH-WC</p> <p>10:00-Shop Walmart</p> <p>12:00-Order Food In from Chicago Deli in Solon</p> <p>1:30-Amazing Birds of Paradise-NA</p> <p>3:00-Bingo Followed by Shopping Cart-WC</p>	<p>10:30-Brain Benders -WC</p> <p>1:15-Chair Dancing-NA</p> <p>2:00-Music with Greg Piscura-WC</p> <p>3:00-Happy Hour-NBC</p>	<p>10:00-Yoga with Vivian-NA</p> <p>1:30-Let's Discuss it with Mary Kay-NA</p> <p>2:15-Bingo with Mary Kay-WC</p>
<p>TBA-Browns @ Steelers-NA</p>	<p>9:30-Nail Polishing-WC</p> <p>11:00-Card Cart-WC</p> <p>1:00-Virtual Mass-NA</p> <p>2:00-Kelli's Exercise-NA</p> <p>3:00-Name that 60's Tune-NA</p>	<p>10:15-Parkside Church Music and Prayer-WC</p> <p>1:00-Short Stories-NA</p> <p>2:30-ACT II Singers, Christmas in January-WC</p> <p>3:30-Rosary w/ Colin-NA</p> <p>6:00-Evening Bingo-WC</p>	<p>10:00-Scenic Bus Ride</p> <p>10:30-Finishing Lines-WC</p> <p>1:00-Food Committee-WC</p> <p>2:00-Yoga with Lisa-WC</p> <p>3:00-Bingo with Kelli-WC</p>	<p>10:00-OLPH-WC</p> <p>10:00-Shopping at Marc's</p> <p>1:30-Great Parks of Africa-NA</p> <p>3:00-Bingo Followed by Shopping Cart-WC</p>	<p>10:30-Brain Benders-WC</p> <p>1:15-Chair Dancing-NA</p> <p>2:00-Entertainment by Michael Davis-WC</p> <p>3:00-Happy Hour-NBC</p>	<p>10:00 Yoga with Vivian-NA</p> <p>1:00-Uno Card Games-WC</p> <p>2:00-Adult Coloring or Painting-WC</p> <p>3:00-Bingo with Kelli-WC</p>
<p>9:30-Outing to Hope Lutheran Church</p> <p>1:30-Christ Community Church Bible Study-WC</p>	<p>9:30-Nail Polishing-WC</p> <p>11:00-Card Cart-WC</p> <p>1:00-Virtual Mass-NA</p> <p>2:00-Kelli's Exercise-NA</p> <p>3:00-Martin Luther King, Jr. Discussion, Puzzles and More!</p> <p>Martin Luther King, Jr. Day</p>	<p>10:15-Parkside Church Music and Prayer-WC</p> <p>1:00-Short Stories-NA</p> <p>2:00-Yoga with Lisa-NA</p> <p>3:00-Word Mining-WC</p> <p>3:30-Rosary w/ Colin-NA</p> <p>6:00-Evening Bingo-WC</p>	<p>10:00-Scenic Bus Ride</p> <p>10:30-Daily Doses of Nostalgia-WC</p> <p>1:00-Flower Arranging-NA</p> <p>2:00-Bubble Collage Craft Corner-WC</p> <p>3:00-Bingo with Kelli-WC</p>	<p>10:00-OLPH-WC</p> <p>10:00-Shop Walmart</p> <p>1:00-Virtual Exercise and Trivia-NA</p> <p>2:00-Music Therapy-WC</p> <p>3:00-Bingo Followed by Shopping Cart-WC</p>	<p>10:30-Brain Benders -WC</p> <p>1:15-Chair Dancing-NA</p> <p>2:00-Piano Concert by Janice Cook-Swanso-WC</p> <p>3:30-Happy Hour-NBC</p>	<p>10:00-Yoga with Vivian-NA</p> <p>1:30-Let's Discuss it with Mary Kay-NA</p> <p>2:15-Bingo with Mary Kay-WC</p>
<p>2:30-Parkside Church Bible Study-WC</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>9:30-Nail Polishing-WC</p> <p>11:00-Card Cart-WC</p> <p>1:00-Virtual Mass-NBL</p> <p>2:00-Kelli's Exercise-NA</p> <p>3:00-Chinese New Year Are You a Rabbit?-WC</p> <p>Activity Professionals Week</p>	<p>10:15-Parkside Church Music and Prayer-WC</p> <p>1:00-Short Stories-NA</p> <p>2:00-Men's Club with Frank-NA</p> <p>3:30-Rosary w/ Colin-NA</p> <p>6:00-Evening Bingo-WC</p>	<p>10:00-Scenic Bus Ride</p> <p>10:30-You Be the Judge-WC</p> <p>1:00-Build a Puzzle-WC</p> <p>2:00-Yoga with Lisa-WC</p> <p>3:00-Bingo with Kelli-WC</p>	<p>10:00-OLPH-WC</p> <p>10:00-Shopping at Marc's</p> <p>1:30-Resident Council-WC</p> <p>3:00-Bingo Followed by Shopping Cart-WC</p> <p>7:00-ACT Dress Rehearsal-"The Play that Goes Wrong"</p>	<p>10:30-Brain Benders-WC</p> <p>1:15-Chair Dancing-NA</p> <p>2:00-Music with Ron Papaleo-WC</p> <p>3:00-Happy Hour-NBC</p>	<p>10:00 Yoga with Vivian-NA</p> <p>1:00-L-C-R Dice Game-WC</p> <p>2:00-Adult Coloring or Painting-WC</p> <p>3:00-Bingo with Kelli-WC</p>
<p>1:30-Christ Community Church Bible Study-WC</p>	<p>9:30-Nail Polishing-WC</p> <p>11:00-Card Cart-WC</p> <p>1:00-Virtual Mass-NBL</p> <p>2:00-Kelli's Exercise-NA</p> <p>3:00-It Happened This Week in History-WC</p>	<p>10:15-Parkside Church Music and Prayer-WC</p> <p>1:00-Short Stories-NA</p> <p>2:00-Yoga with Lisa-NA</p> <p>3:00-Spelling Bee-WC</p> <p>3:30-Rosary w/ Colin-NA</p> <p>6:00-Evening Bingo-WC</p>	<p>January 2023 Assisted and Independent Living Activities Calendar Key: NA-Norwood A, NBC-Norwood B Coffee Room, NBL-Norwood B Living Room WC-Wellness Center, RED-Independent Only, BLUE-Special Event, Highlight-Sign up ahead of time.</p>			