

February 2024

Assisted and Independent Living Activities Calendar

				10:00-OLPH-WC 10:30-Uno Cards-WC 1:00-Scenic Bus Ride 1:00-Prayer Group-NA 1:30-Balloon Volleyball-WC 3:00-Bingo & Shopping Cart-WC	2 10:30-Groundhog Day Trivia and Discuss-WC 1:15-Chair Dancing-NB 2:00-Entertainment by Joel Scigliano-WC 3:00-Happy Hour-NBGR Groundhog Day	3 10:00-Yoga w/ Vivian-NA 1:00-Mexican Train Dominoes-NBGR 3:00-Bingo with Karen-WC
4 9:30-Independent Living Trip to Hope Lutheran 1:00-Mexican Train Dominoes-NBLR 3:00-Faithful Friends Ministry-WC 6:00-Bingo w/ Karen-WC	5 9:15-Nail Polishing-WC 10:30-Uno Cards-WC 1:00-Virtual Mass-NB 2:15-Walking Club-WC 3:00-Create-a-Card for your Valentine-WC 3:30-Nickle Bingo-NBGR	6 10:15-Parkside Church Music and Prayer-WC 1:30-Trip to Chick Fil-A for a Snack & Story-NA 3:30-Rosary w/Colin-NA 6:00-Evening Bingo-WC	7 10:00-Independent Living Shopping at Walmart 10:45-Trinity Cathedral Lunch and Concert 1:00-Word Mining-WC 2:15-Yoga w/Lisa-NA 3:00-Bingo with Kelli-WC Happy Birthday Kelli!	8 10:00-OLPH-WC 10:30-Uno Cards-WC 1:00-Scenic Bus Ride 1:00-Prayer Group-NA 1:30-Flower Arranging-NBGR 3:15-Bingo & Shopping Cart-WC	9 10:30-Brain Benders-WC 1:15-Chair Dancing-NB 2:00-Entertainment by Sam Fosh-WC 3:00-Happy Hour-NBGR	10 10:00-Yoga w/ Vivian-NA 1:00-Mexican Train Dominoes-NBGR 2:00-Lunar New Year Around the World-NA 3:00-Bingo with Kelli-WC Chinese New Year (Year of the Dragon)
11 1:00-Puppy Bowl-NA 1:00-Mexican Train Dominoes-NBLR 2:00-Sunday Movie-"Mama Mia"-NA 3:00-Bingo w/ Karen-WC 6:30-Superbowl Sunday-Teams TBA-NA	12 9:15-Nail Polishing-WC 10:30-Uno Cards-WC 1:00-Virtual Mass-NA 2:15-Chair Exercise-NA 3:00-Travelogue- New Orleans for Mardi Gras-NA	13 10:15-Parkside Church Music and Prayer-WC 1:00-Debatables-WC 1:30-Rosary w/Joann-NA 2:30-Mardi Gras Fun-WC 3:15-Music w/ John-WC 6:00-Evening Bingo-WC	14 9:15-Independent Living Shopping at Marc's 11:30-Make a Heart Shaped Pizza for Lunch-NB 1:00-Love Songs-NA 2:00-Valentine's Day Social and Card Exchange-WC 3:00-Bingo with Kelli-WC Valentine's Day/Ash Wednesday	15 10:30-Uno Cards-WC 1:00-Scenic Bus Ride 1:00-Prayer Group-NA 2:00-Music Therapy-WC 3:00-Bingo & Shopping Cart-WC	16 10:30-Brain Benders -WC 1:15-Chair Dancing-NB 2:00-Entertainment by Mike and Molly-WC 3:00-Happy Hour-NBGR	17 10:00-Yoga w/ Vivian-NA 1:00-Mexican Train Dominoes-NBGR 3:00-Bingo with Karen-WC
18 9:30-Independent Living Trip to Hope Lutheran 1:00-Mexican Train Dominoes-NBLR 3:00-Faithful Friends Ministry-WC 6:00-Bingo w/Karen-WC	19 9:15-Nail Polishing-WC 10:30-Uno Cards-WC 1:00-Virtual Mass-NA 2:15-Walking Club-WC 3:00-President's Day Trivia, Discussion and More-WC President's Day	20 10:15-Parkside-WC 1:00-Short Stories-WC 1:30-Rosary w/Joann-NA 2:00-We're Baking for Pups and People!-NBGR 3:15-Piano Concert with Janice-NA 6:00-Evening Bingo-WC	21 10:00-Independent Living Shopping at Walmart 1:00-Spelling Bee-WC 2:00-Puppy Party-w/ Our New Therapy Dog-WC 3:15-Bingo with Kelli-WC or Nickle Bingo-NBGR	22 10:00-OLPH-WC 10:30-Uno Cards-WC 1:00-Scenic Bus Ride 1:00-Prayer Group-NA 2:00-Food Committee-All Residents Invited-WC 3:00-Bingo & Shopping Cart-WC	23 10:30-Brain Benders-WC 1:15-Chair Exercise-NB 2:00-Entertainment by Matt Coates & Birthday Party-WC 3:00-Happy Hour-NBG	24 10:00-Yoga w/ Vivian-NA 1:00-Mexican Train Dominoes-NBGR 2:00-Let's Make a Bird Feeder-WC 3:00-Bingo with Kelli-WC
25 1:00-Mexican Train Dominoes-NBLR 2:30-Parkside Church Bible Study-WC 6:00-Bingo-WC	26 9:15-Nail Polishing-WC 10:30-Uno Cards-WC 1:00-Virtual Mass-NA 2:15-Chair Exercise-NA 3:00-Word Mining-WC 3:30-Nickle Bingo-NBGR	27 9:00-Card Cart-WC 10:15-Parkside Church Music and Prayer-WC 1:00-Wheel/Fortune-NA 2:15-Yoga with Lisa-NA 3:30-Rosary w/Colin-NA 6:00-Evening Bingo-WC	28 10:00-Independent Living Shopping at Marc's 1:00-Scenic Bus Ride 1:30-Support Group-Caring for a Spouse-WC 2:30-Yoga w/ Lisa-NA 3:00-Bingo with Kelli-WC 3:15-Book Club-NB	29 10:00-OLPH-WC 10:30-Uno Cards-WC 11:00-Out to Lunch at Chicago Deli 2:00-Men's Club-WC 3:00-Bingo & Shopping Cart-WC	Calendar Key NA=Norwood A NB=Norwood B Library NBGR=Norwood B Great Room WC=Wellness Center Highlighted in Yellow-Sign up ahead of time Activities in Blue are Special Events Activities in Red are NEW	