



MONTH	OUR EDITOR	CONTACT	FIND US ON FACEBOOK
02/2023	Joann Poremba	Jporemba@annamariaofaurora.com	Anna Maria of Aurora

NEW YEAR, NEW MANAGEMENT TEAM

We are happy to introduce our new nurse management team at Anna Maria. Please turn to page (4) for an introduction to this amazing team!



(l to r) Kelsey Bina, Deonna Goodwin, Sarah King, Chris Kruger

Soup Cook-Off Raises \$330 for the Alzheimer's Association

This was our first fundraiser of 2023, and it's always a huge success. Please see page (5) for pictures and a winning soup recipe!



PRESIDENTS DAY TRIVIA!

How well do you know our presidents?
Try your luck with our trivia questions.
See page (16) for a chance to win a gift card!



Lisa McFarland, 2nd place winner Michael Malys, Ashley Hamilton, 1st place winner Mindy DiVincenzo



JOAN LAZIO



One of Joan's many eco-friendly purses



Joan Trepanier was born on February 23, 1931, at Women's Hospital in Cleveland. Her father considered naming her Georgia since her birthday was so close to George Washington's birthday, but mom was not too fond of that name, and they agreed on naming this adorable baby Joan. Baby Joan was a bit of a colicky baby, and her parents would drive her around for hours in their Model T, which did the trick and calmed her down.

Joan attended John Adams High School, where she was involved in the Choral Club. Joan loved to roller skate, and spent weekends at the roller rink with her friends. After graduation, Joan was hired as an associate in the fabrics department at the downtown May Co. She learned how to sew and became an accomplished seamstress. Sewing became an outlet for her strong, creative side. Give Joan some fabric (any fabric), and just like that – new placemats, pillow shams, a skirt, dress, or a prom dress. Joan also enjoyed knitting and crocheting. She would create scrubbies out of netting, and plastic bags magically turned into eco-friendly purses. Amazing.

Joan met her future husband, August "Gus" Lazio, on a blind date when she was 16 years old. The two dated for about year, until Gus enlisted in the Navy. He was injured and received an honorable medical discharge after serving about 1 ½ years. Once back in Cleveland, Gus and Joan knew it was time to tie the knot. The couple was blessed with four wonderful children: Jim, Barb, Marge, and Paul.

The Lazio's had a very large, loving extended family, and spent lots of time with them. Playing cards and just being together were the highlights of many a weekend. Joan enjoyed cooking and experimenting with different ingredients and

such. She attempted to make cannoli one time for Gus' birthday, however, the shells turned out a bit too greasy. Joan did make excellent sauerkraut balls and the most delicious plum brandy. In fact, her brandy had its own label (Grandma's Xmas Hootch) and lucky relatives received a bottle at Christmas.

Joan enjoyed all genres of music, from classical to big band to rock and roll. When the music played, Joan's feet began tapping and the dancing began. Joan loved to dance and "owned" the dance floor at many family weddings.

At times, Joan's life was like an episode of "I Love Lucy." She shared many adventures with her girlfriends. Joan was not interested in driving, but at the urging of a friend, she attempted to obtain her license in her 40's. She flunked her first test, and barely passed the second test. She was scared to drive, and while she earned her license, she never drove again. At the urging of yet another friend, she took swimming lessons at the local YMCA. It did not go well as she almost drowned. No more swimming after that.

When Joan retired, she became interested in genealogy. She traced her roots back to French Quebec and to Normandy, France. She is a distant relative of Guillaume Couture, a lay missionary of the Jesuits in New France (born 1617, died 1701). Her closer relatives were quite interesting as well. Joan's grandfather lived down the street from Henry Ford in Detroit, and the two became good friends. Henry shared many of his ideas, including the one about a motorized car, with grandpa. He would always say – that won't work! Little did they all know... Joan has resided in an assisted living apartment at Anna Maria for several years now, and she is such a sweetheart; always has a funny story to share. We wish Joan continued good health and



EMPLOYEES OF THE MONTH



FEBRUARY

Travis Whitt

Maintenance



Anna Maria

Position: Maintenance

How Long: 6 months

Family: Wife Dianne and 6-month old daughter Olivia

Favorite Food: Lasagna

Favorite Music and Artists: Country – Garth Brooks and Kenny Chesney

Hobbies: Enjoying time with family and the great outdoors

Dream Job: Computer Programming Technician

Vacation Destination: anywhere in the Caribbean

Fun Fact: Enjoys long-range shooting and is pretty good at it – involved for many years in competitions over 400 yards

Why Anna Maria?: Grandmother, Carol Crewonis, worked here many years ago – Travis is proud to carry on the family tradition of working at Anna Maria

Jill Bevino

LPN, MDS



Kensington at Anna Maria

Position: LPN, MDS nurse

Years of Service: Approaching 14 years – Jill worked here for a few years in her early 20's as an assisted living caregiver, so if we count this time, years of service would be around 17 years – Wow!

Favorite Food and Restaurant: Way too many to name just one – Jill is an avid huge foodie and enjoys trying out new restaurants

Favorite Music and Artist: Can't name just one – a lot of good music out there – does not enjoy heavy metal!

Hobbies: Jill is a certified astrologer and has a love for astronomy and quantum physics

Vacation Destination: Alaska to view the northern lights

If not a nurse, what career? Private investigator or lawyer

Fun Fact!: Not about Jill, but her favorite fun facts! The average human blinks around 20X a minute, and our nails grow faster in the summer

Why Kensington?: From the administrators down, this is an excellent facility. Fellow co-workers show up to work with the best intentions of providing the best of care to our residents

We Are Proud to Introduce...

The new nurse management team at Anna Maria of Aurora! The retirement of **Sally Baltes, RN**, our Director of Nursing for the past several years (after a 21+ year career here at Anna Maria) prompted a restructuring of nurse management responsibilities, including the promotion of three nurses. A familiar face, **Chris Kruger, LPN**, will take on the role of Assistant Director of Nursing. Chris has been with Anna Maria as a nurse manager for 20+ years, and was most recently over the rehab unit. **Sarah King, RN**, is now Interim Director of Nursing. Sarah has been a dedicated Anna Maria staff member for over 10 years, with over 5 years as an RN. Sarah first started in dietary while in high school, obtained her STNA, and finally her RN. Sarah will maintain oversight of the Arborview and South units. **Deonna Goodwin, LPN**, has been a nurse for 11 years, six of which have been here at Anna Maria. Deonna has worked across various shifts and units during her time here, and has gained the respect of families, residents and her coworkers during her tenure. Deonna will be overseeing the North unit. **Kelsey Bina, RN, BSN**, has been a nurse at Anna Maria for 1 1/2 years, and recently obtained her BSN. Kelsey has demonstrated excellent leadership attributes and clinical skills during her time on the floor and will be the nurse manager over the rehab unit. We believe this new management team will only enhance our already strong commitment to the care of our residents and communication with families.

Yet another positive change is with our Social Services department. **Jo Perko, RN**, Rehab Case Manager, has moved to the role of Community Relations Coordinator and is working with **Evan Webster, Director of Community Relations**. Jo was willing to jump in and support Social Services when the need arose, and we appreciate Jo's willingness to help out wherever and whenever needed in the organization. Taking on Jo's role in Social Services is **Sarah Miller**. Sarah has been with Anna Maria for over 20 years as an **STNA**. Sarah will be missed as one of our most compassionate, experienced and skilled frontline caregivers, but at the same time, we know she will excel in social services and are proud to announce this new path in her career. Sarah will be working closely and training with our other long time social services designee, **Della Hejduk**—yet another 20+ year Anna Maria staff member.

Slotted Spoons Don't Hold Much Soup (Stephen Sondheim)



We made certain regular spoons were available! We are excited to report that our first fundraiser of the year for the Alzheimer's Association raised \$330.00. Our annual soup cook-off is always a fun and delicious event! Many thanks to our wonderful employees who prepared the most mouth-watering pots of soup. For only \$5.00, one could enjoy unlimited samples and a bowl of his or her favorite soup. The winners this year are (drum roll please)...

Anna Maria

1st Place: Mindy DiVincenzo, RN, MDS
Soup-erstar

2nd Place: Michael Malys, RN
Chicken Gnocchi

3rd Place: Jennifer Sullivan
Chicken Tortilla

Kensington at Anna Maria

1st Place: Chae Bivins, Director of Dining Services
Chow Down

2nd Place: Amber Reed, Activities Director
Soup Soup

3rd Place: Mary Friedrich, Housekeeping
Tortoise and the Hare



Here's one of the winning recipes! Enjoy!

MICHAEL MALYS, RN – **CHICKEN GNOCCHI**



Ingredients:

3-4 boneless skinless chicken breasts,
cooked and diced (or shredded)
1 – stalk of celery, chopped
1/2 white onion, diced
2 t. minced garlic
1/2 cup shredded carrots
1 T. vegetable oil
4 cups low sodium chicken broth
Salt and pepper, to taste
1 t. thyme
16 oz. package potato gnocchi
2 cups half and half
1 cup fresh spinach

Instructions:

- 1). Heat oil in a large pot over medium heat. Add celery, onions, garlic, and carrots and saute for 2-3 minutes or until onions are translucent
- 2). Add chicken, chicken broth, salt, pepper, and thyme – bring to a boil, then gently add gnocchi. Boil for 3-4 minutes before reducing heat to a simmer, cook for 10 minutes
- 3). Stir in half and half and spinach and cook another 1-2 minutes until spinach is tender. Taste and add salt and pepper, if needed, and serve hot



A LOOK AT WHAT IS GOING ON...

Celebrating Milestone Anniversaries

Here at the Campus of Anna Maria, we recognize and celebrate milestone anniversaries of our employees, and last month, we recognized two. Congratulations to Chris Driver, RN, Infection Control, and Betty Eden, Payroll and A/P Specialist, on celebrating 15 and 5 years of service, respectively. We are fortunate that so many of our employees experience longevity here at Anna Maria and Kensington. For some, Anna Maria has been their only employer. We are so proud of that. Congratulations Chris and Betty!



Administrator Aaron Baker with Betty Eden



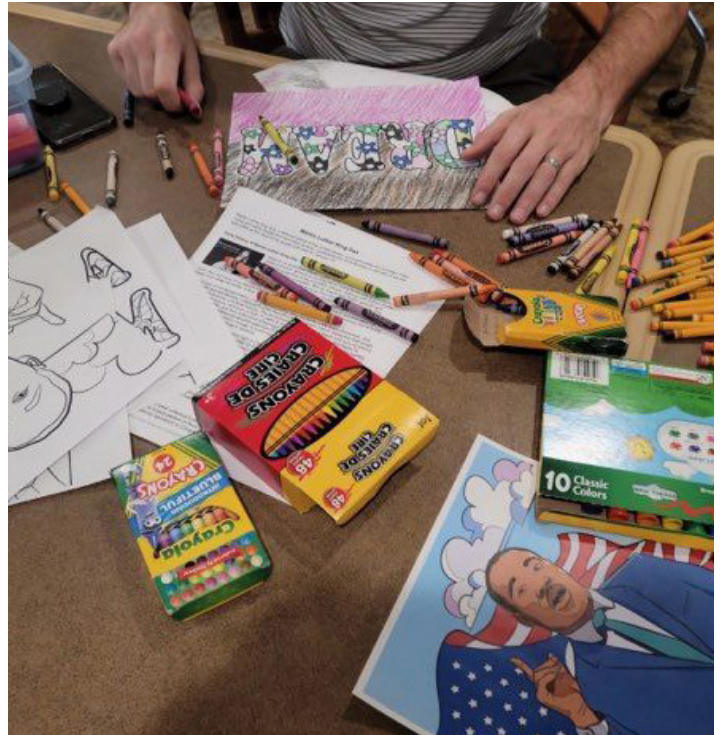
Chris Driver celebrates 15 years! With Administrator Chris Norton

The Time is Always Right to Do What is Right...

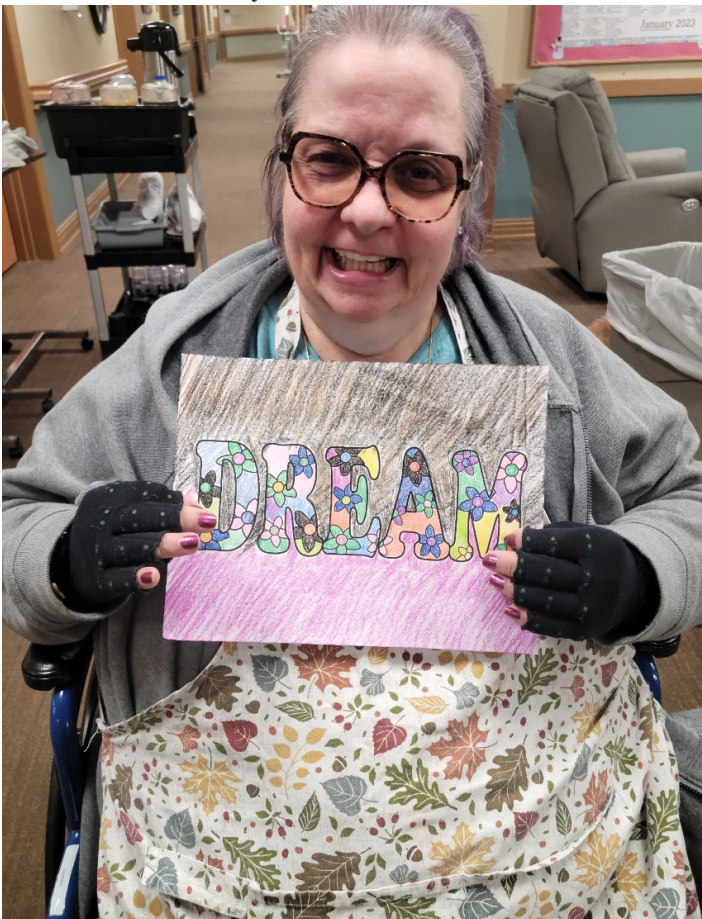
Anna Maria residents celebrated Martin Luther King, Jr. Day with a variety of fun and educational activities. The most favorite? Coloring pictures of this civil rights activist.



Cathy F. – I have a dream...



Laurelann C. with her dream



Edwin O. - wow, great job!

Without Valentine's Day, February would be.... Well, January

Love is in the air at Kensington, where residents are busy with all sorts of love-shaped crafts. We are getting ready for all those Valentines with these cute bags to be hung on the outside of each resident's door. We are ready for LOVE!



Robert and Marge H. – what a loving couple!



Are these not adorable?



Norma K. - such concentration!

A Snowflake is Winter's Butterfly

Kensington residents crafted beautiful snowflake wreaths. Yes, winter may be cold and gray, but one cannot deny the beauty of a delicate snowflake.



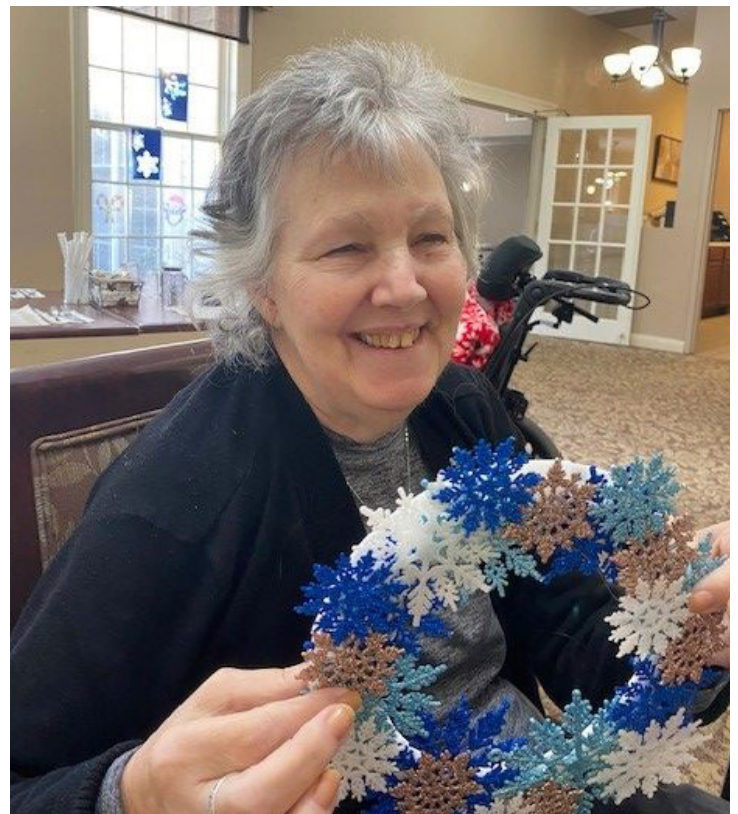
Robert H. – more blue or white flakes?



Grace K. carefully aligns her flakes



Rita F. needs more glue



Do you like? Asks Danna N. – yes! Beautiful!

A Visit From Artie

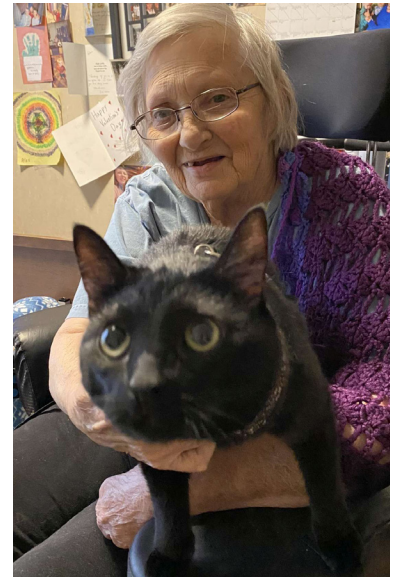
Artie the cat came to visit a few of the Kensington residents, and spread lots of love and sunshine! Artie belongs to Gabe Norton, son of administrator Chris Norton, and Maddie Clark, front desk reception. We look forward to the next visit!



Dora M. (left) is Gabe Norton's grandmother!
Maddie Clark (right)



I think he likes me!



Can I keep Artie?

Our Frosty Friends

"...with a corncob pipe and a button nose, and two eyes made of coal..." Residents crafted adorable snowmen made from different-sized pompoms. Best of all? These snowmen won't melt away!



Dolores H.



Cathy F.



Betty B. – gorgeous smile!



ASSISTED / INDEPENDENT LIVING



A LOOK AT WHAT IS GOING ON...

Act II Singers

Due to unforeseen circumstances, the Act II Singers, a favorite amongst our residents, were unable to perform their Christmas concert last month. So they performed a month later. It's always a good time to hear Christmas carols, especially from the Act II singers!



Music Therapy

Music therapy has been proven to help with mental health, and reduce symptoms of stress, depression and anxiety. In fact, music has been used as a tool of healing since ancient times, appearing in the writings of Greek philosophers Plato and Aristotle. While this may be true, our assisted living residents enjoy music therapy simply because it's fun and relaxing!



Betty C. – don't stop the music!



This is one of Linda F.'s favorite activities



Pat A. and Dolores M.



Carol (June) K.



Tom P.



Theresa V.

Happy Birthday Ginger!



Independent living resident Ginger Otcasek celebrated her 87th birthday last month, with balloons, a delicious cake, and lots of well-wishes from her many friends and family. We wish her many more years of good health and happiness.

A Beautiful Piece of Art



Resident Betty Z. created this absolutely lovely work of art. She is very talented and loves to experiment with different mediums. "Art is a line around your thoughts"

B-I-N-G-O!

Bingo is always a crowd-pleaser, morning, noon, and night! Always a full house, and always a fun time!



Looking Good Dolores!

Dolores M. shows off her freshly-manicured nails. What a pretty color! Looking good!



Gary B. is the biggest FAN of bingo!



Friday Entertainment

Friday entertainment continues, and it's always a full house when entertainer Ron Papaleo plays. He is so talented and our residents enjoy his music. Play on!



Men's Club

Just what does one do at a Men's Club meeting? Our bus driver, Frank, led the first official men's club meeting, and it was decided, hands down, to hold one monthly. Stay tuned to see what goes on!



February is...

Black History Month – This annual celebration honors the role African-Americans played in shaping our country's history! See below for a few interesting tidbits on a few African-American leaders who helped pave the way for others

National Bird Feeding Month – birds benefit from bird feeders especially during the cold winter months. Black oil sunflower seeds are the single most popular seed for different bird species

National Hobby Month – take the time to try something new!

Calendar

Feb. 2 – Groundhog Day! The first Groundhog Day was officially celebrated in Pennsylvania in 1887, where Punxsutawney Phil is still consulted to predict the end of winter each year. Don't fret if he sees his shadow – he's right only 39% of the time! Wonder how Phil keeps himself busy the rest of the year? He's like Santa Claus – busy one day of the year!

Feb. 3 – National Wear Red Day! Wear RED to show your support of heart disease, the leading cause of death amongst Americans

Feb. 4 – Celebrate National Soup Day! What is your favorite soup? See page (insert page #) for the winners of our employee soup cook-off and a few good recipes!

Feb. 12 – Join the millions of football fanatics who will be watching Super Bowl LVII (57) as the Kansas City Chiefs take on the Philadelphia Eagles at the State Farm Stadium in Glendale, AZ. Who is favored to win? The Eagles...*** In 2010, Super Bowl XLIV featured an unusual piece of memorabilia. Email your answer to editor Joann Poremba for a chance to win a gift card! jporemba@annamariaofaurora.com

Feb. 14 – Valentine's Day! What will it be? Chocolates or jewelry for your loved one? Or perhaps just a few kind words? Whatever it may be, share the LOVE with everyone!

Feb. 17 – Random Acts of Kindness Day! It's a great day to do a good deed for no reason at all!

Feb. 19 – The Daytona 500, NASCAR's biggest race! NASCAR stands for National Association for Stock Car Auto Racing. Did you know? A stock car does not have headlights, taillights, or grills. These are all decals!

Feb. 20 – President's Day! "And so my fellow Americans, ask not what your country can do for you; ask what you can do for your country"

OUR FEBRUARY BIRTHDAYS!

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Earl Cortright	2	3 Maryann Ruffing	4
	6 Jean Oppedal	7	8 Arnetha Eskridge Sally Nousek	9 Dorothy Shannon	10 Rita Frantz William Zigli	11
12	13	14 Kenneth Wooley	15 Rita Fuller Danna Nickoson Letizia Spidalieri	16 Kathleen Bragg	17 Nora Bond Linda Farmer	18 Edwin ODay Peter Raia
19 Donna Mattmuller	20 Norma Keslar	21 Herman Medow	22	23 Cathy Ferris Joan Lazio	24 Doris Smith	25
26	27 Doris Johanson	28 Antonina Totani				

NAMES TO KNOW

TUSKEGEE AIRMEN

Distinguished as the first Black military aviators in the U.S. Army Air Corps, the Tuskegee Airmen destroyed 251 enemy airplanes during World War II



ALTHEA GIBSON



Before Venus and Serena Williams, there was Althea Gibson, who dominated the tennis courts in the 1950's. At 15, she won her first American Tennis Association National Championship, and held that title for nine years. Gibson was the first Black player to win the French Open (1956), Wimbledon and U.S. Open (1957 and 58). Not only was she a talented tennis player, Althea excelled at golf as well.

EMERY MOOREHEAD

Emery played 12 seasons as a tight end in the NFL and was a key player on the Chicago Bears team that won Super Bowl XX in 1986. Moorehead has 224 receptions for 2,980 yards and 15 touchdowns. WOW!



President's Day Trivia

President's Day is the perfect time to test your knowledge on America's Chief of Staff! **Email your answers** to editor Joann Poremba for a chance to win a gift card! Good luck!

jporemba@annamariaofaurora.com

Only one president was actually married in the White House – Who?

Which president modeled and was featured on the cover of Cosmopolitan magazine?

Which president was an actor prior to his political career?



Though our presidents are well-educated men, only one held a PhD...


True or False – Donald Trump owns more than 17 golf courses around the world

Who installed a putting green in the White House and played over 800 games of golf?

Who loved jelly beans and placed a standing order of 720 bags per month to be delivered to the White House and various other federal buildings?

Whose farewell address is read in the Senate every year (since 1862) on February 22?

Anna Maria Nursing Home Calendar *** Beauty/Barber Shop days have a red outline: Tuesdays- AV & NP Thursdays- SP Fridays- Rehab (Every other week)							Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																			
	9:30 Chronicles RR 10:00 Visits SP 10:30 Visits NP 11:00 Visits AV 1:30 Christ Community Church WC 3:00 Bingo MLR 4:00 Shopping Cart MLR 4:30 Sensory AV	5 9:30 Check in RR 10:00 Chronicles RR 11:00 Jazzercise MLR 2:00 Music Fun AV 3:00 Bingo NDR 4:00 Shopping Cart NDR 4:15 Meditation NDR	6 10:00 Scenic Ride 10:30 Check in RR 11:00 Chronicles RR 2:00 Church Service MDR 3:15 Snowball Toss MLR 4:15 Bowling AV	7 9:30 Check in RR 10:15 Chronicles RR 11:00 Balloon Bop NP 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:15 You be the Judge NP 4:15 Bingo AV	8 9:30 Check in RR 10:15 Chronicles RR 11:00 Pretty Nails RR 11:30 Rosary MLR 1:45 Taste & Talk NDR 2:45 Snack & Chat AV 3:30 Fancy Nails RR	9 9:30 Check in RR 10:15 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart NDR 2:00 Music by Mike and Molly AL 3:30 Pretty Nails RR 4:15 Reminiscence AV	10 9:30 Check in's RR 9:45 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart NDR 1:00 Dog Therapy RR 2:00 Piano Concert by Ilya Shiteyndler AL 3:30 Pretty Nails RR 4:00 Finishing Lines	11 9:30 Check in's RR 10:00 Chronicles RR 10:30 Hangman MLR 1:30 Chronicles RR 2:00 Valentine Snack Cart RR 4:00 What doesn't Belong? AV	12 9:30 Check in RR 10:00 Chronicles RR 11:00 Jazzercise MLR 2:00 Dazzling Dancing AV 3:00 Bingo NDR 4:00 Shopping Cart NDR 4:15 Meditation NDR	13 9:30 Check in RR 10:00 Chronicles RR 11:00 Jazzercise MLR 2:00 Dazzling Dancing AV 3:00 Bingo NDR 4:00 Shopping Cart NDR 4:15 Meditation NDR	14 9:00 Check in RR 9:15 Chronicles RR 10:00 Scenic Ride OOF 10:15 Parkside Church WC 2:30 Valentine's Concert with Janice AL 3:30 Painting Valentines NDR 4:15 Cupid's Hoops & Hearts AV Valentine's Day	15 9:30 Check in RR 10:15 Chronicles RR 11:00 Spelling Bee NP 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Trivia Time MLR 4:15 Meditation AV	16 9:30 Check in RR 10:15 Chronicles RR 11:00 Music Therapy MLR 1:00 Music Therapy AV 2:00 Ice Cream RR 3:30 Rosary MLR 3:30 Fancy Nails RR	17 9:30 Check in RR 10:15 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart NDR 1:00 Dog Therapy RR 2:00 Music by Tom Todd AL 3:30 Fancy Nails RR	18 9:30 Check In RR 10:00 Chronicles RR 10:30 Hangman MLR 2:00 Snack Cart RR 4:00 Finishing Lines AV	19 9:30 Chronicles RR 10:00 Visits SP 10:30 Visits NP 11:00 Visits AV 1:30 Christ Community Church WC 3:00 Bingo MLR 4:00 Shopping Cart MLR 4:30 Sensory AV	20 9:30 Check in RR 10:00 Chronicles RR 11:00 Presidents' Day Trivia & Discussion MLR 2:00 Patriotic Music AV 3:00 Bingo NDR 4:00 Shopping Cart NDR President's Day	21 9:15 Check in RR 9:30 Chronicles RR 10:00 Scenic Ride OOF 10:15 Parkside Church WC 1:00 Mardi Gras Music, Beads, & King Cake Cart RR 2:30 Food Committee MDR 3:00 Resident Council MDR 4:15 Balloon Bop AV Mardi Gras	22 9:30 Check in's RR 10:15 Chronicles RR 11:00 Funny Bones Don't Get Arthritis NP 2:00 Bingo NDR 3:00 Shopping Cart NDR 3:30 Balloon Bop NP 4:15 Meditation AV Ash Wednesday	23 9:30 Check in RR 10:15 Chronicles RR 10:30 Pretty Nails RR 11:30 Rosary MLR 1:45 Taste & Talk NDR 2:45 Snack & Chat AV 3:30 Fancy Nails RR	24 9:30 Check in RR 10:15 Chronicles RR 10:30 Bingo NDR 11:30 Shopping Cart NDR 2:00 Music by Sam Fosh AL 3:30 Pretty Nails RR	25 9:30 Check In RR 10:00 Chronicles RR 10:30 Hangman MLR 2:00 Snack Cart RR 4:00 What doesn't Belong? AV	 <h1>FEBRUARY 2023</h1> <p>All activities are subject to change</p>			MLR: MAIN LIVING ROOM OUT OF FACILITY	MDR: MAIN DINING ROOM NP: NORTH PARK	SP: SOUTH PARK CY: COURTYARD	NDR: NORTH DINING ROOM AL: ASSISTED LIVING	RR: RESIDENT'S ROOM AV: ARBORVIEW	OOF:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5 9:15 Chronicles ALL 10:00 Hymn Sing SW 11:00 Hymn Sing AR 12:45 Act Trivia SW 2:15 Q&A NW 3:00 Tasty Treat ALL	6 9:15 Chronicles ALL 10:30 Fancy Fingers AR 12:45 Act Trivia SW 2:00 Nail Art SW 3:30 Bingo AR 4:30 Room Visits	7 9:15 Chronicles ALL 10:30 Craft Corner SW 12:45 Act Trivia SW 2:00 Showtime EW/SW 2:45 Tasty Tuesday AR 3:15 Craft Club AR 4:30 Reminiscing AR	8 9:15 Chronicles EW/NW 10:30 Bingo AR 12:45 Act Trivia SW 1:45 Daily News SW 2:15 Tap Back NW 3:30 Bowling AR 4:15 Dance It Out SW	9 9:15 Chronicles EW/NW 10:30 Chef Show SW 12:45 Act Trivia SW 2:00 What's Cook'n AR 3:00 Rosary AR 3:15 Room Visits 4:00 Daily News SW 4:30 This & That NW <small>Groundhog Day</small>	10 9:15 Chronicles ALL 10:30 Bingo AR 11:30 Ticket Cart 12:45 Act Trivia SW 2:00 Game Time AR 3:00 Super Bowl Party DR 4:30 Trivia NW	11 9:15 Chronicles ALL 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Afternoon Moves AR 3:00 Reading Corner SW 3:30 Room Visits
12 9:15 Chronicles ALL 10:00 Hymn Sing SW 11:00 Hymn Sing AR 12:45 Act Trivia SW 2:15 Q&A NW 3:00 Tasty Treat ALL	13 9:15 Chronicles ALL 10:30 Fancy Fingers AR 12:45 Act Trivia SW 2:00 Nail Art SW 3:30 Bingo AR 4:30 Room Visits	14 9:15 Chronicles ALL 10:30 Craft Corner SW 12:00 Couples Lunch SR 12:45 Act Trivia SW 2:00 Showtime EW/SW 3:00 Candy Bar AR 4:30 Reminiscing AR <small>Valentine's Day</small>	15 9:15 Chronicles EW/NW 10:30 Bingo AR 12:00 Dine In AR 1:45 Daily News SW 2:15 Tap Back NW 2:45 Food Comm AR 3:45 Bop It AR 4:15 Dance It Out SW	16 9:15 Chronicles ALL 10:00 Music Therapy SW 12:45 Act Trivia SW 2:00 What's Cook'n AR 3:15 Chef Show SW 4:30 This & That NW	17 9:15 Chronicles ALL 10:30 Bingo AR 11:30 Ticket Cart 12:45 Act Trivia SW 2:00 Game Time AR 3:30 Ent. w/ T. Todd DR	18 9:15 Chronicles ALL 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Afternoon Moves AR 3:00 Reading Corner SW 3:30 Room Visits
19 9:15 Chronicles ALL 10:00 Hymn Sing SW 11:00 Hymn Sing AR 12:45 Act Trivia SW 2:15 Q&A NW 3:00 Tasty Treat ALL	20 9:15 Chronicles ALL 10:30 Fancy Fingers AR 12:45 Act Trivia SW 2:00 Nail Art SW 3:30 Bingo AR 4:30 Room Visits <small>Presidents' Day</small>	21 9:15 Chronicles ALL 10:30 Craft Corner SW 12:45 Act Trivia SW 2:00 Mardi Gras Parade 2:30 Paczki Pass Out ALL 3:30 Craft Club AR 4:30 Reminiscing AR <small>Mardi Gras</small>	22 9:15 Chronicles EW/NW 10:30 Bingo AR 12:45 Act Trivia SW 1:45 Daily News SW 2:15 Res. Council AR 3:30 Bowling AR 4:15 Dance It Out SW <small>Ash Wednesday</small>	23 9:15 Chronicles EW/NW 10:30 Chef Show SW 12:45 Act Trivia SW 2:00 What's Cook'n AR 3:15 Room Visits 4:00 Daily News SW 4:30 This & That NW	24 9:15 Chronicles ALL 10:30 Bingo AR 11:30 Ticket Cart 12:45 Act Trivia SW 2:00 Game Time AR 3:15 Ent. w/ Sam Fosh DR	25 9:15 Chronicles ALL 10:30 Bingo AR 12:45 Act Trivia SW 2:00 Afternoon Moves AR 3:00 Reading Corner SW 3:30 Room Visits

February 2023

KENSINGTON

ALL ACTIVITIES SUBJECT TO CHANGE AR- Activity rm, SW- Southwest, NW- Northwest, EW- East west, DR- Dining Rm., SR- sunroom,

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <h2>Calendar Key:</h2> <p>NA-Norwood A, NBC-Norwood B Coffee Room, NBL-Norwood B Living Room, WC-Wellness Center, RED-Independent Only, BLUE-Special Event, Highlight-Sign up ahead of time.</p> </div>						
5 9:30-Outing to Hope Lutheran Church 1:30-Christ Community Church Bible Study-WC 5:00-CAVS @ Indiana-NA	6 9:30-Nail Polishing-WC 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 3:00-Valentine's Heart Craft-WC	7 10:15-Parkside Church Music and Prayer-WC 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC	8 9:30-Scenic Bus Ride 11:15-Out to Lunch at El Camino 2:00-Flower Arranging-NA 3:00-Bingo with Kelli-WC	9 10:00-OLPH-WC 10:00-Shopping at Marc's 1:30-Get to Know Your Neighbor Discussion Group -WC 3:00-Bingo Followed by Shopping Cart-WC Groundhog Day	10 10:30-Brain Benders-WC 1:15-Chair Dancing-NA 2:00-Piano Concert with Ilya Siteyndler-WC 3:00-Happy Hour-NBL	11 10:00-Yoga with Vivian-NA 1:00-Uno Card Games-WC 2:00-Adult Coloring or Painting-WC 3:00-Bingo with Kelli-WC
12 6:30-Superbowl Sunday Snacks and beverages-NA	13 9:30-Nail Polishing-WC 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 3:00-Valentine's Cupcakes-You Decorate-WC	14 10:15-Parkside Church 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 2:30-Piano Concert and Valentine's Treat-WC 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC Valentine's Day	15 10:00-Scenic Bus Ride 10:30-Daily Doses of Nostalgia-WC 1:30-Baloon Balance Exercise-WC 3:00-Bingo with Kelli-WC	16 10:00-OLPH-WC 10:00-Shop Walmart 2:00-Music Therapy-WC 3:00-Bingo Followed by Shopping Cart-WC	17 10:30-Brain Benders-WC 1:15-Virtual Chair Dancing-NA 2:00-Entertainment by Tom Todd-WC 3:00-Happy Hour-NBL	18 10:00-Yoga with Vivian-NA 2:00-Bingo with Cassidy-WC
19 9:30-Outing to Hope Lutheran Church 1:30-Christ Community Church Bible Study-WC	20 9:30-Nail Polishing-WC 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 3:00-President's Day Trivia and Puzzles-WC President's Day	21 10:15-Parkside Church 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 3:00-Mardi Gras Party on Wheels-Room-to-Room 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC Mardi Gras	22 10:00-Scenic Bus Ride 10:30-You Be Judge-WC 12:00-Order in Pizza 1:00-Flower Arranging-NA 2:00-Coffee Chat with Lisa-NBL 3:00-Bingo with Kelli-WC Ash Wednesday	23 10:00-OLPH-WC 10:00-Shopping at Marc's 1:00-Meet Analia, our newest volunteer. Hear Her Interesting Story! 3:00-Bingo Followed by Shopping Cart-WC	24 10:30-Brain Benders-WC 1:15-Chair Dancing-NA 2:00-Entertainment by Sam Fosh-WC 3:00-Happy Hour-NBL	25 10:00-Yoga with Vivian-NA 1:00-L-C-R Dice Game-WC 2:00-Adult Coloring or Painting-WC 3:00-Bingo with Kelli-WC
26 2:30-Parkside Church Bible Study-WC 6:00-CAVS vs. Toronto-NA	27 9:30-Nail Polishing-WC 11:00-Card Cart-WC 1:00-Virtual Mass-NA 2:00-Kelli's Exercise-NA 3:00-Genealogy Discussion Group with Mary-WC	28 10:15-Parkside Church Music and Prayer-WC 1:00-Short Stories-NA 2:00-Yoga with Lisa-NA 2:00-Men's Club with Frank-WC 3:30-Rosary w/ Colin-NA 6:00-Evening Bingo-WC	<div>  <h1>FEBRUARY 2023</h1> <h2>Assisted and Independent Living Activities</h2> <p>All activities are subject to change.</p> </div>			