

Calendar Key:

NA-Norwood A
NBL-Norwood B Library
WC-Wellness Center,
RED-Independent Only,
BLUE-New-Special Event

Highlight-Sign up ahead of time.

April 2023

10:00-Yoga with Vivian- NA
1:30-Let's Discuss it with Mary Kay-NA
2:15-Bingo with Mary Kay-WC
April Fools' Day

2
9:30-Outing to Hope Lutheran Church

Palm Sunday

3
9:30-Nail Polishing-WC
1:00-Virtual Mass-NA
2:00-Chair Dancing with Neela-NA
3:00-Play Mexican Train Dominoes or Bridge-WC

4
10:15-Parkside Church Music and Prayer-WC
1:00-Short Stories-NA
2:15-Yoga with Lisa-NA
3:00-Piano Concert-WC
3:30-Rosary w/ Colin-NA
6:00-Evening Bingo-WC

5
10:30-About Passover-NA
1:30-Travelogue with Analia-NA
2:30-Hand Massage-NA
3:00-Bingo with Nancy-WC

Passover Begins

6
10:00-OLPH-WC
10:00-Shop at Marc's
1:30-Food Committee-WC
3:00-Book Club-NBL
3:00-Bingo & Cart-WC

7
10:30-Brain Benders -WC
1:15-Chair Dancing-NA
2:00-Entertainment with Michael Davis-WC
3:00-Happy Hour-NBL

8
10:00-Yoga with Vivian-NA
2:00-Bingo with Cassidy-WC

9

9:30-Outing to Hope Lutheran Church

Easter Sunday

10
9:30-Nail Polishing-WC
1:00-Virtual Mass-NA
2:00-Chair Dancing with Neela-NA
3:00-Play Mexican Train Dominoes or Bridge-WC
3:30-Sing-Along-NA

11
10:15-Parkside Church Music and Prayer-WC
1:00-Short Stories-NA
2:15-Yoga with Lisa-NA
3:00-Build a Puzzle-WC
3:30-Virtual Rosary-NA
6:00-Evening Bingo-WC

12
10:00-Scenic Bus Ride
10:30-You be Judge-WC
12:30-Flower Arranging with Joanne-NA
1:30-Balloon Volleyball-WC
3:00-Afternoon Bingo-WC

13
10:00-OLPH-WC
10:00-Shop at Walmart
1:00-Ice Cream Sundaes-WC
1:30-Resident Council-WC
3:00-Bingo with Lisa and Shopping Cart-WC

14
10:30-Brain Benders-WC
1:15-Chair Dancing-NA
2:00-Entertainment with Sam Fosh and 50's Sock Hop! -WC
3:00-Happy Hour-NBL

15
10:00-Yoga with Vivian-NA
1:30-Let's Discuss it with Mary Kay-NA
2:15-Bingo with Mary Kay-WC

16
9:30-Outing to Hope Lutheran Church
1:30-Christ Community Church Bible Study-WC

17
9:30-Nail Polishing-WC
11:00-Card Cart-WC
1:00-Virtual Mass-NA
2:00-Exercise-NA
3:00-Play Mexican Train Dominoes or Bridge-WC

18
10:15-Parkside Church Music and Prayer-WC
1:00-Short Stories-NA
2:15-Yoga with Lisa-NA
3:00-Word Mining-WC
3:30-Rosary w/ Colin-NA
6:00-Evening Bingo-WC

19
10:45-Trinity Cathedral Brown Bag Lunch Concert-Bach-Fest-Violins
10:30-Sweet Memories-WC
1:30-Balloon Volleyball-WC
3:00-Bingo with Kelli-WC

20
9:15-Shopping at Marc's
10:00-OLPH-WC
11:00-Lunch at Papous
2:00-Music Therapy-WC
3:00-Bingo Followed by Shopping Cart-WC

21
10:30-Brain Benders -WC
1:15-Chair Dancing-NA
2:00-Entertainment with Tom Todd-WC
3:00-Happy Hour-NBL

22
10:00 Yoga with Vivian-NA
1:00-Mexican Train Dominoes-WC
2:00-Bird Feeder Tea Cup Craft-WC
3:00-Earth Day Bingo-WC

Earth Day

23
2:30-Parkside Church Bible Study-WC

24
9:30-Nail Polishing-WC
11:00-Card Cart-WC
1:00-Virtual Mass-NA
2:00-Exercise-NA
3:00-Play Mexican Train Dominoes or Bridge-WC
3:30-Headbandz-NA

25
10:15-Parkside Church Music and Prayer-WC
1:00-Short Stories-NA
2:15-Yoga with Lisa-NA
3:00-Spelling Bee-WC
3:30-Rosary w/ Colin-NA
6:00-Evening Bingo-WC

26
10:00-Scenic Bus Ride
10:30-You Be Judge-WC
1:30-Bowling-NA
3:00-Coffee Chat-Lisa-NBL
3:00-Bingo with Kelli-WC
7:00-ACT Dress Rehearsal-"Matilda"

27
10:00-OLPH-WC
10:00-Shop at Walmart
12:30-Flower arranging with Joanne-NA
1:30-Men's Club-WC
3:00-Bingo Followed by Shopping Cart-WC

28
10:30-Brain Benders-WC
1:15-Chair Dancing-NA
2:00-Entertainment with Steve Moticak-WC
3:00-Happy Hour-NBL

Arbor Day

29


30
1:30-Christ Community Church Bible Study-WC

Assisted and Independent Living Activity Calendar

All activities are subject to change

Sign up for all activities highlighted in yellow with Lisa