

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

All activities are subject to change.

February 2025

Assisted and Independent Living Activity Calendar

							1 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB
2 1:00-YouTube Classical Music Concert-NA 2:00-Mexican Train Dominoes-NB 3:00-Faithful Friends-WC 3:30-Cavs vs. Mavericks - NA-FDOH (44) Groundhog Day	3 9:30-Nail Polishing-WW 10:30-Mystery Person-Who am I?-WC 1:00-Virtual Mass-NA 2:00-Balloon Volleyball-WC 3:15-Group Valentine Coloring Project-WC	4 10:15-Parkside-WC 10:30-EZ Does it Trivia-WW 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA 3:00-Rosary-NA 3:15-Heart Craft-WC 6:00-Evening Bingo-WC 7:00-Cavs vs. Celtics-NA (38)	5 9:00-Independent Living Shopping at Marc's 11:00-Out to Lunch at Chicago Deli 1:00-Mah Jongg-NB 2:00-Virtual Exercise-NA 3:00-Bingo with Kelli-WC 4:15-Table Talk-WW 7:00-Cavs @ Pistons-NA (44)	6 10:00-OLPH-WC 10:30-Group Valentine Coloring Project-WW 1:00-What's Cooking? Chocolate Covered Strawberries-NB 2:00-Travelogue Dubai-NA 3:15-Bingo & Cart-WC	7 10:30-Superbowl Trivia-WC 1:15-Chair Dancing-NBL 2:00-Music with Sam Fosh-WC 3:00-Happy Hour-NB 7:00-Cavs @ Wizards-NA (44) National Wear Red Day!		8 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB
9 1:00-YouTube Classical Music Concert-NA 2:00-Mexican Train Dominoes-NB 6:30-Super Bowl LIX-NA-FOX (8)	10 9:30-Chronicles-WW 10:15-Nail Polishing-WC 1:00-Virtual Mass-NA 2:00-Portage Parks Guest Speaker Presents Frogs and Toads-NA 3:00-Headbandz Game-WC 7:00-Cavs vs. Minn.-NA (4)	11 10:15-Parkside-WC 10:30-Group Valentine Coloring Project-WW 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA 3:00-Rosary-NA 3:30-Word Mining-WC 6:00-Evening Bingo-WC	12 10:00-Independent Living Shopping at Marc's 1:00-Mah Jongg-NB 1:30-Glenn Miller Dance Workout-NA 3:00-Bingo with Kelli-WC 4:15-Table Talk-WW 7:30-Cavs @ Raptors-NA (44)	13 10:00-OLPH-WC 10:30-Move with Kelli-WW 1:00-Prayer Group-NA 1:30-Afternoon Snack-Cheddar Treat!-WC 2:00-Word Puzzles-WC 3:00-Bingo & Cart-WC National Cheddar Day!	14 10:00-Valentine's Day Trivia and Discussion-WC 1:00-Exercise with Kelli-NBL 1:45-Music with Mike & Molly-WC 3:00-Happy Hour-NB Valentine's Day		15 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB
16 1:00-YouTube Classical Music Concert-NA 2:00-Mexican Train Dominoes-NB 3:00-Faithful Friends-WC 8:00-74th Annual NBA All-Star Game-NA (38)	17 9:30-Chronicles-WW 10:15-Presidential Trivia-WC 1:00-Virtual Mass-NA 2:00-Random Acts of Kindness-WC 3:00-Nail Polishing-WC Presidents' Day (U.S.)	18 10:15-Parkside-WC 10:30-Room visits with Hula 1:00-Short Stories-NA 2:00-Tibetan Bowls and Meditation with Verena-WC 3:00-Rosary-NA 6:00-Evening Bingo-WC	19 9:00-Independent Living Shopping at Walmart 11:00-Lunch Out at Aaron and Moses in Twinsburg 1:00-Mah Jongg-NB 2:00-Music Therapy with John Pearson-WC 3:00-Bingo with Kelli-WC 4:15-Table Talk-WW	20 10:00-OLPH-WC 10:30-Laughter-WW 1:00-Prayer Group-NA 1:15-Flower Arranging-NB 2:15-Penguin Paradise of the South Atlantic -NA 3:15-Bingo & Cart-WC 7:30-Cavs @ Nets-NA (44)	21 10:00-Trivia Time-WC 1:15-Chair Dancing with Lisa-NBL 2:00-Music and Birthdays with Greg Piscura-WC 3:00-Happy Hour-NB 7:00-Cavs vs. Knicks-NA (44)		22 10:00-Name 10-WC 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB 3:00-Bingo with Kelli-WC 4:15-Daily Chronicles-WW
23 1:00-YouTube Classical Music Concert-NA 2:00-Mexican Train Dominoes-NB 2:30-Parkside Church-WC 7:30-Cavs vs. Grizzlies - NA-FDOH (44)	24 9:30-Chronicles-WW 10:15-Nail Polishing-WC 1:00-Virtual Mass-NB 2:15-Balloon Volleyball-WC 3:00-Nickel Bingo-NB 3:15-National Tortilla Chip Day Snack and Trivia-WC	25 10:15-Parkside-WC 10:30-Sweet Memories-WW 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA 3:00-Rosary-NA 3:30-Not Like the Other-WC 6:00-Evening Bingo-WC 7:30-Cavs @Magic-NA (38)	26 10:00-Independent Living Shopping at Marc's 1:00-Mah Jongg-NB 1:00-What's Cooking? Pistachio Treat!-NB 2:00-Exercise with Kelli-NA 3:00-Bingo with Kelli-WC 4:15-Table Talk-WW National Pistachio Day!	27 10:00-OLPH-WC 10:30-Move with Kelli-WW 1:00-Prayer Group-NA 1:30-Fill-in-the Blank-WC 2:15-Exercise with Lisa-NA 3:00-Bingo & Shopping Cart-WC	28 10:00-Word Puzzles 10:30-Chair Dancing with Lisa-NBL 1:00-Resident Council-All Residents Welcome-WC 2:00-Music with Ilya-WC 3:00-Happy Hour-NB 7:30-Cavs vs. Celtics-NA (44)		Calendar Key NA-Norwood A Living Room NB-Norwood B Cafe NBL-Norwood B Library WC-Wellness Center WW-Westwood Highlighted in YELLOW-Sign up ahead of time RED-New or special events