

Men's Luncheon . . .

Our monthly Men's Luncheons are always extremely popular with our residents, and our May luncheon was no exception. Our guest speaker was George Sleigh, a survivor of the 9/11 attacks on the World Trade Center. George immediately captured the men's attention with his vivid descriptions of the horrors of that fateful day. George spoke of how he was on the 91st floor and was able to see the belly of the plane as it crashed into the building. Somehow, George and his fellow co-workers made it to safety as they quickly traveled down 91 flights of stairs. He was able to call his frantic wife and let her know he was safe. George explained to the audience just how helpless his wife felt, not knowing if her husband was dead or alive! George's leg was injured during the initial attack, and when he eventually went to the hospital for treatment, he was not given anesthesia when receiving sutures due to the extreme chaos. George said he felt lucky just to be alive!

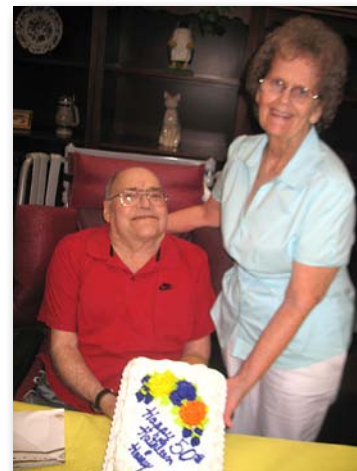


George Sleigh

George brought along a few pictures to show the men. One picture was a detailed shot of George and two of his co-workers escaping from the building. Interestingly, this same picture was on the front cover of an English newspaper where George's son lived in England!

The Norwood gentlemen were enthralled with George's survival story, and we appreciate his taking time out of his busy schedule to share his story with us.

Golden Anniversary



Long-time resident Harry Bragg and his lovely wife, Kathleen, celebrated their golden wedding anniversary (50 years!) on May 13th with lots of good friends and family. Congratulations to both of you!

family matters

Memorial Day Festivities . . .



Jan and Russ Henniecke



Ronnie Cangialosi, Rosemary Jackson,
Edith Owen and Grace Hopkins

Though the weather was cool and a few raindrops fell (not too many, thank goodness!), our Norwood residents enjoyed their Memorial Day cookout in the Grande Courtyard. Residents feasted on traditional "cookout" food: burgers, potato salad, baked beans, watermelon, and dessert. Many thanks to Sharon Marquise for her expert grilling, and Randy Hartman for setting and cleaning up. We are anxiously awaiting our next cookout, hopefully with better weather!

Green Thumbs . . .

Flowers, flowers everywhere! And what a beautiful sight to see! Kensington residents are gearing up for summer with pots galore of flowers! The "Green Thumbs" group was busy recently potting lots and lots of geraniums, impatiens, gerber daisies, and even some strawberries (planted in a Topsy Turvey planter). Pictured below: Northwest residents Shirley Wright and Marie Knox are hard at work making Kensington a more beautiful place.



family matters July 2011

Anna Maria Events:

- July 1st** – Residents Cookout, time TBA and Kristen at the piano at 2:00 p.m. in the Wellness Center.
- July 7th** – Family Council Meeting in Norwood A at 6:30 p.m.
- July 8th** – Marjorie Connally will entertain us in the Wellness Center at 2:00 p.m.
- July 14th** – Senior Bingo and Cookout at 10:00 a.m. Reservations a MUST to Brenda Hartman at 330-562-6171.
- July 15th** – Illya Shteyndler at the piano in the Wellness Center at 2:00 p.m.
- July 18th** – Geauga Golden Oldies will perform in the Wellness Center at 2:00 p.m.
- July 20th** – All Veterans and Surviving Spouses of Veterans, you won't want to miss the dinner and discussion to learn about available benefits. Mr. Bob Park, Director of Portage County Veteran's Affairs will be our speaker. 6:00 p.m. – 7:30 p.m. Please make your reservation with Diane Barben 330-562-0600.
- July 22nd** – Polka Punks will perform in the Wellness Center at 2:00 p.m.
- July 23rd** – Aurora School of Music will perform in the Wellness Center at 2:00 p.m.
- July 25th** – Men's Luncheon in Norwood A at noon. A Cleveland Brown Representative will be our speaker.
- July 27th** – Act II singers will perform in the Wellness Center at 2:30 p.m.
- July 28th** – Norwood birthday party with Gary Pildner at the piano in Norwood B at 2:00 p.m.
- July 29th** – Anna Maria birthday party with Curtis Chamberlain in the Wellness Center at 2:00 p.m.

Kensington Events:

- July 6th** – Music with Dan Elish in the Main dining Room at 2:30 p.m.
- July 19th** – Family Council Meeting at 6:30 p.m. in the Fireplace Room.
- July 22nd** – Muscian Marlynda who plays the guitar, will perform in the main dining Room at 2:30 p.m.
- July 29th** – The Polka Punks return to entertain and get everyone dancing in their chairs! 2:30 p.m. in the Main Dining Room.

JULY BIRTHDAYS

Anna Maria

Carol Thomas 7/2
Marian Carl 7/2
Rose Pavalko 7/4
Judith Cole 7/11
Evelyn Krejci 7/11
Betty Batsch 7/17
Harry Bragg 7/19
Ann Nagy 7/24
Mary Rinella 7/26
Ethel Wick 7/26
Ruth Vodicka 7/27
Catherine Dahl 7/28
Betty Leap 7/28
Charles Rizzo 7/29
Hilda Barba 7/30
Anne Rappas 7/30

Norwood

Charles Leamy 7/1
Ronnie Cangialosi 7/20
Mary Maurer 7/23
Laura Leshar 7/27

Kensington

Marie Knox 7/9
Elsie Bowling 7/10
Rita Schager 7/14
Ingtraut Schultz 7/16
Jim Carni 7/20
Lisa Niedzalkowski 7/22
Beulah Mihalek 7/23
Albert Isheim 7/24
Betty Rundle 7/25
Tom Meyers 7/26
Rethel Ramos 7/28



The weather cooperated nicely for our Arborview residents as they were able to enjoy the delightful sights, sounds, and smells of an old fashioned Memorial Day cookout. Homemade hamburgers on the grill and an assortment of salads were enjoyed by all. Even Waldo the cat (pictured with Joan Freedman) strolled outside to "check things out." Unfortunately for our North and South residents, Mother Nature sent us rain, not sun. However, the "show must go on," and these residents enjoyed their cookout indoors, with just as much fun! The delicious aroma of burgers permeated throughout the building, creating an abundance of mouth-watering, hungry residents! Everything was mm, mm, good!

Music in the Air . . .



Our residents always enjoy the musical talents of the Aurora School of Music students. Kids of various ages "wowed" us with their beautiful voices and unique abilities on the guitar, piano, cello, and violin. It's a special treat when the music students entertain us with their amazing God-given talents; we truly appreciate it!

AHS Senior Designs 3-D Artwork for Residents with Dementia

The Campus of Anna Maria is redesigning its dementia program, and one of the focuses is to create a home-like environment with artwork that connects with residents' long-term memory and stimulates their senses. Kaylee Rose, Aurora High School Senior Intern for The Campus of Anna Maria worked for three weeks to create three-dimensional art pieces for the two secured dementia units. Her work includes two floral pieces, one tree piece, and two pieces made with seashells. The artwork was carefully created to connect with the residents who have memory impairments. The art features familiar objects with bright colors, contrasts, and textures to attract the residents' attention and trigger memories.

Kaylee began her internship on May 5th in a studio in the Kensington Care Center on the Anna Maria Campus. Many Kensington residents and guests watched Kaylee at work and visited with her while she created her designs. Some residents even made suggestions on what they would like to see in her artwork. She quickly became one of Anna Maria's own as she worked for and with our residents.

On the last day of her internship, receptions were held on the two dementia units for the residents to



formally view the art pieces and choose where they should be hung. Residents and families in Anna Maria's Arborview and Kensington Care Center's Southwest were thrilled with the pieces. One resident when viewing and touching the seashell art said, "It feels like the beach". Many who struggle with finding the right words to express themselves smiled while looking at the paintings and said, "amazing, incredible, beautiful, pretty, lovely, wonderful, thank you, and that's so nice". Several residents wanted to be sure the pieces were placed exactly within their line of view so they could enjoy it all day long. Kaylee's art has added a wonderful vibrance to the two units.

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(Continued from Front)

The Campus of Anna Maria's Dementia Program Coordinator, Anita Barnoski, RN, explained, "we feel fortunate to have an accomplished art student from AHS partner with us in creating new ways to connect with our residents to make their day more enjoyable and meaningful, and their home more comfortable. Kaylee's warm personality, enthusiasm, and artistic talent made a lasting connection with our residents. We plan to involve many more students and community groups in our programming."



Family Council Meetings

Anna Maria

Date: 1st Thursday of the Month
Time: 6:30pm
Location: Norwood A

Kensington

Date: 3rd Tuesday of the Month
Time: 6:30pm
Location: Fireplace Room

Family & Friends are Welcome!!

The family members and friends invite you to attend their Family Support Group Council. By participating in this group of interested and committed family members, you will have the opportunity to voice opinions, concerns, suggestions and ideas that can benefit all the residents at the Campus of Anna Maria. The council promotes open communication among family, staff and administration.

*Come and join us!
Refreshments will be served!*

Brittany Milkovich



Anna Maria Employee of the Month Brittany Milkovich, STNA

Congratulations to our Anna Maria Employee of the Month, STNA Brittany Milkovich. Brittany began working in the dietary department back in 2008, and found that she really enjoyed interacting with the residents. She enrolled in our STNA class, and passed with flying colors. Brittany has been observed (countless times) going above and beyond the realm of her responsibilities. She provides a "personal touch" with the care she provides to our residents, and you can be certain they appreciate her sincere acts of kindness. Brittany, keep up the good work, and thanks for all that you do.

Michael Toney



KCC Employee of the Month Michael Toney, STNA

Congratulations to our Kensington Care Center Employee of the Month, STNA Michael Toney. Though Michael's been with us for just over two years now, he's a proven leader with an excellent track record of caring for our residents. Michael was nominated by a family who observed first-hand the quality of care that he provides "...Michael is caring, hard-working, friendly, patient, and most of all, the type of person needed in a nursing home...Our family feels secure knowing that our dad is in Michael's care..." Michael is pursuing his RN degree, and we wish him the best of luck. Keep up the good work!!

Red Hatters Tea . . .



Dottie, Edith, Coletta, Rosemary, Mary Alice, Chris, Jean, Grace, Brenda (Activities Coordinator), and Ronnie Sharon Marquis, Sonnie Greene, Joan Lacey

What's purple and red and happy all over? A Red Hatter, of course! The lovely Red Hatter ladies of Norwood were recently invited to the home of Joan Lacey, family member, volunteer, and friend, for an afternoon of tea, pastries, and fellowship! Ladies were appropriately dressed in their purple shirts and red hats, and dined on an assortment of finger sandwiches, homemade cookies, and, of course, tea! Joan provided fun entertainment of trivia questions, and each question provided an opportunity to reminisce. Many thanks to Joan for her hospitality, and to Sonnie Greene and Sharon Marquise for assisting Joan and providing a lovely afternoon for our ladies!

Bexley Visits . . .



Bexley sits on the lap of Southwest resident Irving Cuttler.

Kensington residents enjoy visits from family and friends, and are especially fond of visits from four-legged furry friends! One particular favorite is Bexley the therapy dog. Bexley is a four-year old Bijon and King Charles mix, who is extremely gentle and loving. He performs many tricks; one particular favorite is when he dances across the floor. It's quite a sight to see! Of course, Bexley expects a treat when he performs, and residents love giving him treats!

"Key" Neighbors Make a Difference . . .



Recently, several employees from a local Key Bank spent a delightful afternoon with our Anna Maria residents creating a poppy pin to be worn on Memorial Day. The residents had a blast crafting with their new friends! Thank you, Key Bank, for spending quality time with our residents. We look forward to your next visit.

Helen Vavrek Pastor was born on November 11, 1921, in the small southern Ohio town of Belle Valley (near Marietta). Sadly, her mother passed away when she was just a baby, and her father, John, was left to raise four young children on his own. He must have done an awesome job, for Helen has many happy memories of her childhood.

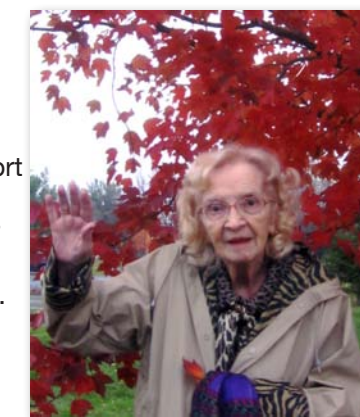
Helen's father owned the local general store in town, and unfortunately, tragedy struck one day in the form of a fire. Flames engulfed the building, and though the local fire department did their best, the store could not be saved. Helen, in the arms of her father, watched the building burn down to the ground.

After the fire, John moved his family to Cleveland. John found work in a factory, and settled his children in school. Helen attended John Hays High School, and became smitten with a handsome young man by the name of Joseph Pastor. Little did Helen know that Joseph would one day soon become her husband! After graduation, Helen worked in the Union Commerce building as a legal secretary for a group of attorneys. She enjoyed her work and remembers proudly how she won a prize in a shorthand contest.

Helen and Joseph Pastor married in 1945. Joseph had joined the armed services and was stationed in Muskogee, Oklahoma, where the two lovebirds moved. Their honeymoon was cut short as Joseph was sent off to Europe to fight the remainder of World War II. He returned home safely (thank goodness) and was offered a position at the Roberts Coffee Company, where he worked for many years.

Helen and Joseph were blessed with three children, who all currently live in the Cleveland area. David lives in Solon, Jolene resides in Hudson, and Susan lives in Wickliffe. David, Jolene, and Susan in turn blessed Helen with six wonderful grandchildren: Shawn Peters of Concord, Tiffini of Geneva, Matt (attends Ohio State), Alyssa of Solon, Jason of Denver, CO, and Amy of Cuyahoga Falls. Helen receives frequent visits from her family, and she cherishes every moment spent with them.

Here at Kensington, you'll find Helen busy reading or watching television. She loves cards and is always looking for a partner interested in a good game of rummy. May God bless you, Helen! We are so happy to have you here with us.



Helen Vavrek Pastor

Tea Time



Northwest resident Florence Rebell enjoys her tea and cake along with her sister.

The ladies at Kensington look forward to their monthly "Tea." This past month, the ladies baked a special red, white, and blue cake adorned with fresh strawberries and whipped cream. Mmm. The ladies enjoy their tea served in fine china tea cups, and it complemented the cake nicely. Good conversation is always sparked during this special time, and much reminiscing takes place.

Spaghetti Time



One of our Norwood residents' favorite activities is dining out once a month. A restaurant is chosen, and the bus loads up the residents and drives them to their destination! Last month, the Spaghetti Warehouse (in Akron) was the lucky restaurant of choice. A wide variety of different pastas and salads are available, along with an endless supply of homemade, warm bread. And what's a good meal without a glass of wine? Buon Appetitio!

Band Time



A sure sign that summer has arrived is the yearly visit to our campus by the Bedford Concert Band. This highly-anticipated event is always well-received by our residents and their families. The band played a nice selection of music from yesterday and today. Throw in some dancing and strawberry shortcake and you've got the most perfect example of an ideal summer evening!